



INTRODUCTION TO MAGAZINE PUBLISHING

WORDS AND IMAGES

JAMES NJOROGE



These unresolved negotiations and politicization may hinder the proper implementation of the Act.

Right to Education: A way forward

The RTE Act has been passed; the Model Rules have been released; financial closure appears in hand. Does this mean the policy process is now impervious to change? Even

Even though better school facilities, books, uniforms and better qualified teachers are important, their significance in the Act has been overestimated in the light of inefficient, corrupt and unaccountable institutions of education provision.

today, much can be achieved by following a multi-pronged strategy of four As: Advocacy, Awareness, Accountability and Assistance.

Advocacy:

State Rules which are yet to be drafted can still be improved through advocacy. Advocacy on the flaws of the Central arrangements, and partnerships with state education departments, could yield improvements in at least some states like that of Madhya Pradesh Draft Rules which stipulate that the parents of the children who got the highest marks in the annual examination will be members of

SMC and ideas such as the recommendation for third party evaluation and independent learning assessment in Karnataka.

Awareness:

Schools need to be made aware of provisions of the 25% reservations, the role of SMCs and the requirements under the Schedule. This can be undertaken through mass awareness programs as well as ensuring proper understanding by stakeholders responsible for its implementation.

Accountability:

Besides bringing about design changes, we as responsible civil society members need to make the government accountable through social audits, citizen report cards, community score cards, filing right to information (RTI) applications and demanding our children's right to quality elementary education. Special emphasis on ensuring optimal utilization of allocated resources should be made. Moreover, a large number of different groups affected by this Act will challenge it in court. In fact a group of unaided private schools from Rajasthan have already filed a writ petition. It is, therefore, critically important for us to follow such cases and where feasible provide support which addresses their concerns without jeopardizing the implementation of the Act.

Assistance to private schools:

Since unrecognized schools could face closure in view of prescribed recognition standards within three years, we could find ways to support such schools to improve their facilities by resource support and providing linkages with financial institutions. Moreover, by instituting proper rating mechanisms wherein schools can be rated on the basis of infrastructure, learning achievements and other quality indicators, constructive competition can ensue. Public-Private Partnerships as under the Gyanodaya scheme introduced by the Rajasthan government are another way to promote private provision. Under this scheme the establishment, management and operation of 50 senior secondary schools is carried out through Public-Private Partnership on design, build, finance, manage, operate and transfer basis.

Finally, along with ensuring implementation of the RTE Act which stipulates focused reforms in government schools and regulation for private schools, we need to broaden our vision so as to create a system conducive to spontaneous private involvement. Let the government and the private sector come together to finally give meaning to our fundamental right of good quality elementary education for all.

A Christian Perspective on Education, Its History and Practice

Dr. Varaprasad

Introduction

Education is one of the most robust forces of not only social and cultural but also economic and political life and empowerment. John Dewey, an eminent scholar on education, could not be more right when he underscored: "what nutrition and reproduction are to physiological life, education is to social life."¹ Those who realize its importance and take necessary steps, do see its indelible impact on their lives as well as on the lives of successive generations. Articulating a Christian perspective on such a pivotal issue, in the light of *Scripture, history and practice* for two millennia, is both challenging and overwhelming. Yet, an attempt is made to contribute to the ongoing debate on education.

Education in the Scripture

The Scripture, in its two segments of the Old Testament (OT) and the New Testament (NT), has much to say on education. Though there is no direct reference to the term education in the OT, there is an indirect one, that too in the NT (Acts 7:22) on the theme pertaining to OT wherein it says that Moses was educated in all the wisdom of Egyptians. However, there are several other phrases that are

closely associated with education such as teach, instruct, train, and write. For instance, "You shall teach them to your sons, talking of them when you sit in your house and when you walk along the road and when you lie down and when you rise up. You shall write them on the doorposts of your house and on your gates..." (Deut. 11:18-21) powerfully demonstrates God's concern and approach to education. In fact, it was God, the first educator, who initiated education when He instructed Adam and Eve to rule the earth and about the knowledge of good and evil (Gen. 1:28 and Gen. 2:16-17). This was reinforced later when "God told Abraham to direct his children to keep the way of the Lord by doing what is right and just" (Gen 18:19).²

As a result, as the OT quite vividly exemplifies that of all the communities in ancient period, the Jewish community emerged as one of the most conscious of the significance of education. This phenomenon was systematically woven into the community through spiritual education to be imparted by the parents at home, some sort of home schooling, which covers their

social, political, cultural and economic history. The core of education at home was character formation without negating the acquisition of knowledge and competence. At the same time the focus was on wisdom, which was practical and relevant for the individual and the society. As the Israelites formed a nation, the responsibility was given to the Levites and later to Rabbis. Thereafter, they established synagogues that functioned as

Biblical model of education enunciates the transformation of character and empowerment of the un-empowered.

community schools and colleges in the Jewish society. Following some of these excellent traditions, individuals like Job, Joseph, Deborah, David, Solomon, Daniel and many others excelled in education and contributed in countless ways to both the Israelite nation and others of their times as well as down through the centuries including many of us today. Though there were some women like Esther who excelled in life, an unfortunate phenomenon was that the education of girls and women was rather neglected.

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¹ John Dewey, *Democracy and Education: An Introduction to the Philosophy of Education* (New Delhi: Aakar Books, 2004), p. 10.

² James E. Reed and Ronnie Prevost, *A History of Christian Education* (Nashville, Tennessee: Broadman and Holman Publishers, 1993), p. 45.

MY BIBLE AND I

George Mwangi

My bible reading journey began not long after I became a believer in the Lord Jesus. Over the years, I have learnt a few principles.

Reading other people's stories helped me develop the conviction

Soon after my conversion, I read the biography of George Mueller, a German missionary in Bristol, England in the 1800s. who is said to have read His bible over 200 times cover to cover by the time of his death. My first thought was, "is this possible, can a man read His Bible cover to cover once let alone 200 times?" I immediately challenged myself to try. I managed to read the New Testament in three months. And my Bible reading journey began.

Fellowship and Accountability

Having understood that my desire to read the Bible was not enough, I joined with other like-minded believers for fellowship and accountability. This enabled all of us to read through the whole Bible within one year! In the process, we developed some accountability tools that enabled objective accountability of our journey.

Discovering the Origin of Scriptures

Being convicted of the origin of the Bible is essential to a lifestyle of consistent Bible reading. The Bible has a divine origin as Paul tells Timothy in 2 Timothy 3:16-17. It records that the basic foundation of the written word—the Ten Commandments—were inscribed by the finger of God Himself. Further, Peter reminds us that ¹²⁰ *First of all, you should know this: No prophecy of Scripture comes from one's own interpretation, ²¹ because no prophecy ever came by the will of man; instead, men spoke from God as they were moved by the Holy Spirit* (2 Peter 20-21).



Knowing the importance of God's word in a believer's life

Knowing and appreciating the value of God's word in a believer's life is key to developing a consistent discipline of reading the scriptures. Reading other biographies helped me appreciate that it was impossible to live a victorious Christian life without a daily intake of the scriptures. The more I read them, the more I continued to experience victory over temptation and sin as I continued to know God and learn his ways. It is only through diligent reading of the word of God that we are equipped with three fundamental things in our relationship with God:

we learn the fear of God

We learn the knowledge of God

We acquire the wisdom of God that enable us to make life's godly decisions.

Planning Your reading

Planning when to read your Bible is an important element too. For me, I find the mornings better and undistracted. I rise up every day at 4 a.m. usually fresh and alert and enthusiastic to hear from God in His word. I do this daily and it has now become a discipline without which it is impossible to achieve much.

Reading with a plan

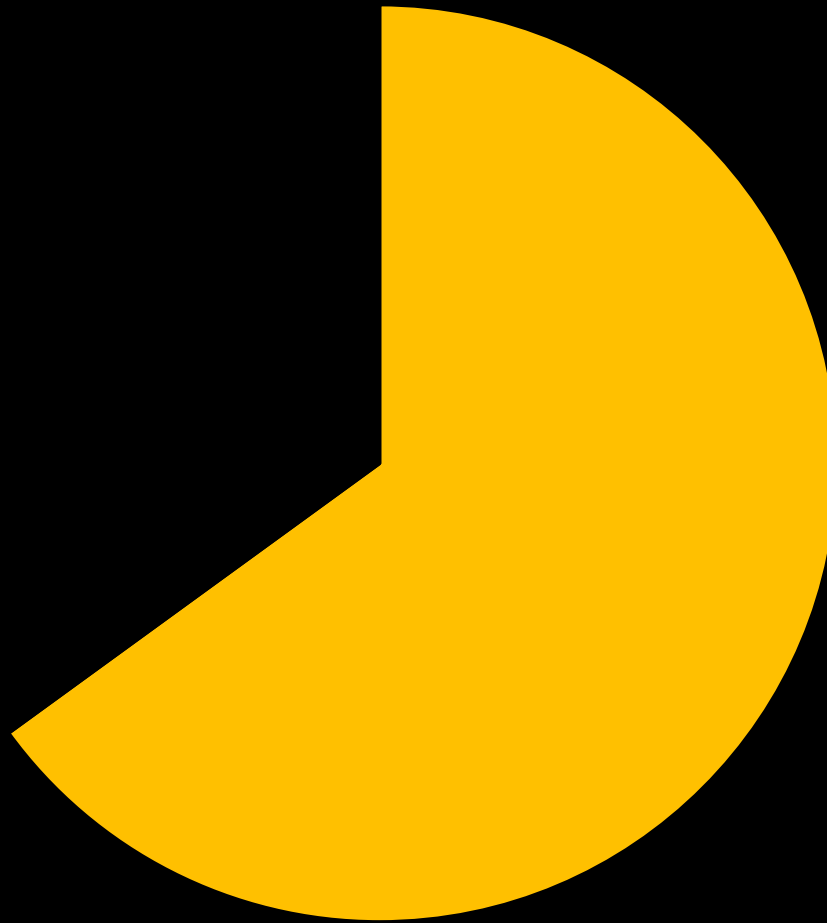
Reading the Bible systematically without skipping is a discipline to learn. I read the Bible in an orderly manner, systematically book by book, chapter by chapter, page by page. I never start another book before fully finishing one and I read a definite number of chapters per day. At the moment I read a minimum of seven chapters daily, thus enabling me to read my bible at least twice every year. This way, I am guaranteed to read all the 66 bible books without skipping and have now read my Bible over 50 times, cover to cover.

Recording what I learn

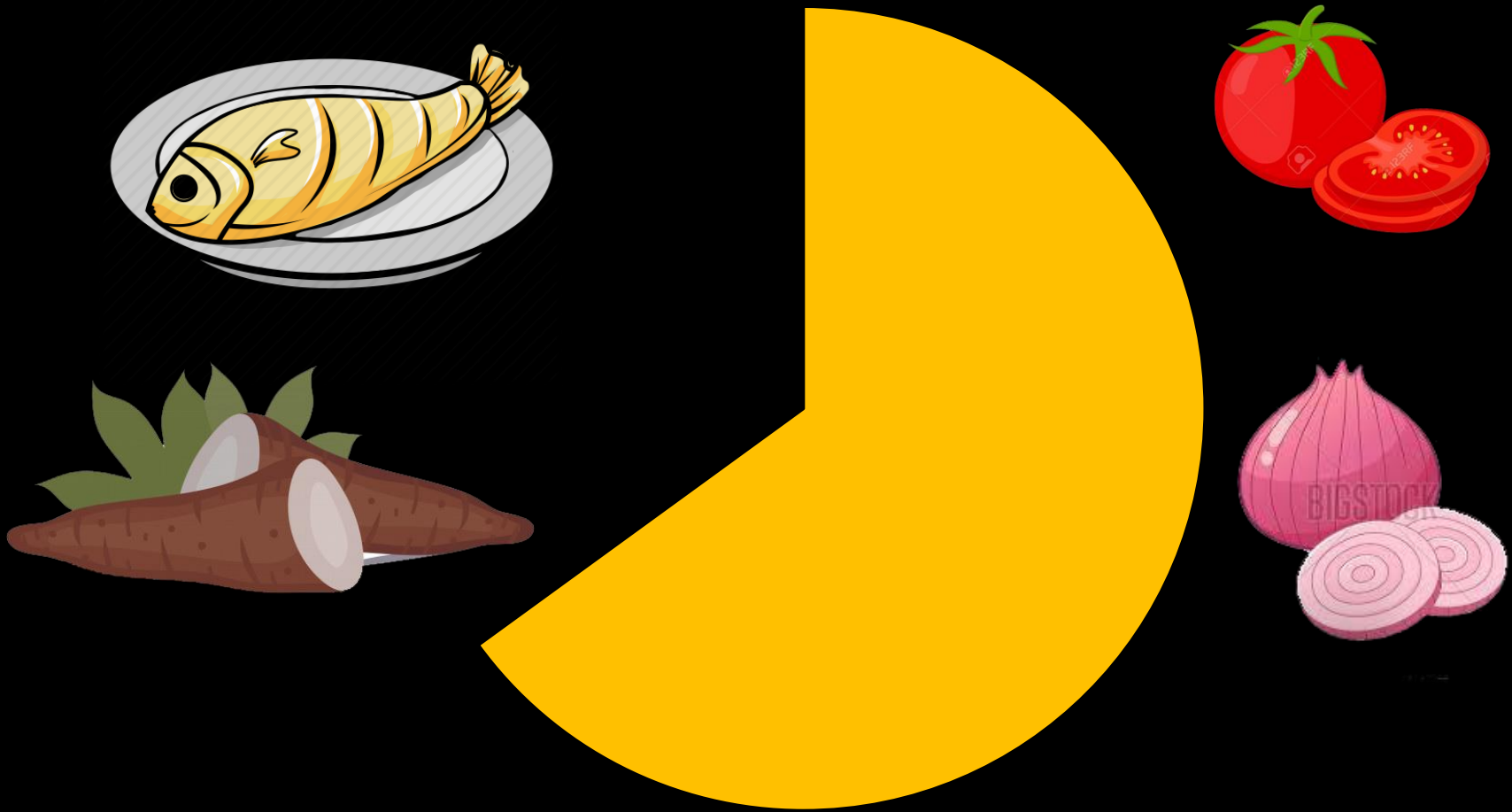
Taking notes as you read the Bible keeps you focused on the text, helps you remember what you have read and becomes a reference in future. I always read my Bible with an open notebook, capturing important insights as I read. From these insights, I am able to learn what God is teaching me, and it becomes much easier to obey Him.

HO DO I HAVE AN EFFECTIVE BIBLE READING LIFE-STYLE

- ✔ Develop a conviction to read the Bible
- ✔ Be accountable to like-minded brethren
- ✔ Be convinced of the great value and importance of the word of God in your life.
- ✔ Read it at a specific regular time without fail.
- ✔ Read it systematically, without skipping, book after book.
- ✔ Set a minimum number of chapters per day. I recommend three so that you read at least once/year.
- ✔ Pray for God's help ⁴⁸ *Open thou mine eyes, that I may behold wondrous things out of thy (word)."*
- ✔ Make notes as you read.



65 percent of your readers are visual learners



Visuals are like a meal
Words and images are like the
ingredients

The elements (ingredients)

- Image
- Headline
- Subtitle
- Captions
- Body copy
- Call-outs /pull-quotes

Section marker

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Headline

Main Story

PROFESSOR NASSIUMA

- My Story with Books

Sub-heads

Captions

Professor Dankit Nassiuma, a Professor of Mathematics and Statistics, and the Vice Chancellor at The African International University (AIU) lets us in, into his amazing relationship with books. Besides academia, which he obviously is, Professor Nassiuma tells us how over the years, books have played a big role in all aspects of his growth.

Early years

I was born 60 years ago in a small village in Bungoma County, the 4th born in a family of 10. My father was a teacher while my mum did some farming as well ran a small business. My parents treasured honesty, hard work and church. I joined school as a five-year-old, which was unusually early in those years. My status as the youngest in class did not hinder my learning and on the contrary, I ended up grasping the reading and writing earlier than most of my classmates. Learning then was in our vernacular language, but I went one step further and learnt how to read and write in English giving me a serious advantage in both classwork and communication.

limited English language skills who would come to me for an explanation of the lessons before teaching us on the following day. This was hardly because I was brighter than the other students but rather an advantage that came from broad reading.

High School Years

High school was a major milestone in my reading. It afforded a wider range of literature and the school subjects themselves demanded extra effort. The literature textbooks were most enjoyable. It was from our Literature teacher that I learnt the valuable skill of speed-reading for which I am grateful to this day as it enables me to read a two-hundred-page book in two hours! I cultivated the reading discipline enabling me to perform well academically.

There were limited reading materials available in our school and I devoured everything that was available.

My appetite for reading developed early. There were limited reading materials available in our school and I devoured everything that was available. I particularly remember reading the James Hadley Chase novels that I definitely do not recommend now. By the time I was in standard six, there were no more reading materials available for me to read.

Advantage for further reading

The fruits of this expansive reading were an ability to communicate articulately in English and a superior comprehension of the subject texts even beyond our teachers. It was usual then to have teachers who had proceeded to teacher training straight after primary school. I remember one of the teachers who had no secondary education and

I would, for example, read my literature set books on school trip bus rides while other students were chattering away saving me valuable time.

Good Religious person

All this time I was a good and religious person, occasionally reading my bible and observing all the rules required by my denomination. I was nevertheless conflicted by the behaviour of people claiming to be

Sub-titles

Body copy

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Lead text

SAVE ROOM FOR SOME

SLOW FOOD

Have you ever taken a look at how food has affected your life, or how life has affected your eating habits? I recently gave this some consideration.

As a child, three balanced meals were served at the same time every day. Decades later, when I worked for a large corporation, I took great pleasure in preparing extravagant meals for my best friends, and we'd share life's triumphs over dinner. Four years later I moved to Sarasota and was nearly penniless after buying my home. Still, I did a fair job of feeding my preteen daughter, just not myself. To me, the consumption of food at that time was merely a survival mechanism, to get me through days that included eight hours at the office preceded and followed by several hours of home remodeling. Later still, I met and began dating a Brazilian man who taught me the difference between eating and dining, and we'd linger over meals, enjoying our food and conversation. Then I began my own business and life became really hectic. I would joke, "as long as I have coffee, half & half, and sugar, I'm set!" When I realized the joke had become my way of life, I decided that I needed to make time to prepare meals-from-scratch and not eat while I replied to emails. My refrigerator, long empty except for that half & half, is now fully stocked and humming happily.

BY KELLY FORES

SOMETHING TO SAVOR

The lesson I learned from the Brazilian has never left me. A meal is something to be savored, not just get out of the way. It's an easy thing to say, but not always an easy thing to do. America is a food-obsessed society, good and bad: counting calories, satisfying our sweet tooth, opting for organic, abating our hunger with drive-through burgers, trying the latest diet fad. We also take food for granted: supermarkets, farmer's markets, restaurants, dollar menus and microwave meals abound. Have you really considered what you're eating and from where the food comes?

In 1989, an organization called Slow Food began in Italy in opposition to the opening of a fast food chain near a monumental staircase in Rome. While they weren't successful in stopping the restaurant giant, the group has since made great strides with its mission and has expanded to over 132 countries.

According to the Slow Food USA website, "Slow Food is an idea, a way of living and a way of eating. It is a global, grassroots movement . . . that links the pleasure of food with a commitment to community and the environment." The mission is to reconnect Americans with the people, traditions, plants, animals, soils and waters that produce our food. USA Today wrote, "Slow Food aims to be everything fast food is not."

Slow Food USA supporters,

VENICEMAGAZINEONLINE.COM | 2

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XTREME
H₂O

BY BRETT STEPHENS WHEN OUR CITY WENT DOWN IN THE RECORD BOOKS AND WAS OFFICIALLY RECOGNIZED BY THE UNITED STATES POSTAL SERVICE AS VENICE, FLORIDA 34285, IT WASN'T BECAUSE OF THE ABUNDANCE OF WATERWAYS FOUND THROUGHOUT THE AREA. NO, IT WAS SIMPLY BECAUSE "HORSE AND CHAISE, FLORIDA 34285" WOULDN'T FIT ON THE PAPERWORK.

BUT THE FACT REMAINS THAT VENICE IS UP TO ITS GILLS IN WATER. THE GULF OF MEXICO, OUR BAYS, THE INTRA-COASTAL, THE MYAKKA RIVER, AND EVEN YOUR POOL, ALL MAKE FOR A LOT OF FUN. IN FACT, IF YOU TOLD ME WATER DIDN'T HAVE SOMETHING TO DO WITH MAKING VENICE THE PLACE YOU HANG YOUR HAT, I'D SAY YOU'RE ALL WET.

PHOTOGRAPH BY MICHELLE DONNER

- POWER BOATING
- DEEP SEA FISHING
- PIER FISHING
- SHORE FISHING
- SPEAR FISHING
- SNORKELING
- SWIMMING
- SCUBA DIVING
- FREE DIVING
- DRIFT DIVING
- WATER SKIING
- WAKE BOARDING
- SKIM BOARDING
- RAFTING
- KAYAKING
- TUBING
- PADDLE BOATING
- CANOEING
- JET SKIING
- WIND SURFING
- KITE BOARDING
- WAKESKATING
- SKIM SKATING
- BODY SURFING
- SKINNY DIPPING
- SURFING
- SEAPLANE FLYING

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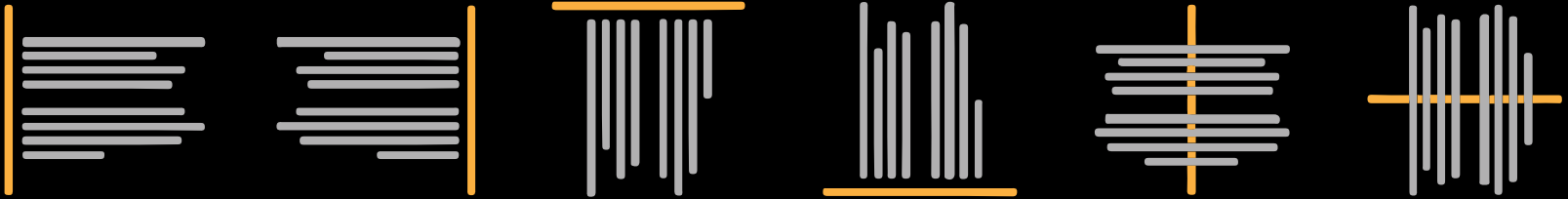
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1. Ordering your graphic space
2. Finding the right image

Principles of

**VISUAL
HIERARCHY**

ALIGNMENT



TO BORROW OR TO OWN BOOKS

Martin Karanja

Martin Karanja is the Chairman of the Kenya Students Christian Fellowship (KSCF), a national movement of Christian students in high schools in Kenya. He previously served as the General Secretary of FOCUS (Fellowship of Christian Unions) a movement of Christian Unions in Universities and Colleges. Martin who has consistently been involved with and demonstrated his love for young people over the years runs a book publishing company. He previously operated bookstores in Nairobi and thus has an outstanding relationship with books and a story worth hearing.

Timazi: Tell us a bit about your journey with books.

Martin: I loved books as early as when I was in primary school and read all the common children's books such as Famous Five and Secret Seven. This interest continued when I went to secondary school and was channelled towards Christian books when I became a Christian. At the University, I met the Living Bibles Store, now Biblica, who provided a source of good reads. In 1984, they appointed me as a Book Agent in the University which entailed receiving books and selling them to the Christian Union members. I have many happy memories of this amazing opportunity. This experience would later influence my decision to sell Christian literature in the East Africa region, operate bookshops in Nairobi and later start the publishing house that I run today.



The best library is of books one has read, then you and the library become a resource.

Timazi: Any life-changing book besides the Bible?

Martin: In the year 2002 while attending the Christian Book Sellers Association meeting in Anaheim, California, USA, I was invited to a luncheon hosted for International guests. The speaker was the renowned Author and Speaker John Maxwell. He gave each of us a copy of his latest book then, *My Roadmap for Success* which he said was a summary of all the books he had written. I extended my stay in the US for an extra week to deeply study that book. It challenged me greatly on the importance of purpose and how to live a purposeful life. It was then that I decided to spend the rest of my life and resources serving God.

Timazi: What drove you to want to have people own books?

Martin: As I have already said, books have had a great impact on me over the years and good books become part of my testimony. I recall reading a book called '18' which was the story of a young girl who was passionate about sharing her faith and led her friends to Christ. The girl would unfortunately later have an accident and die, and the book would be written by her mother. This wonderful book, unfortunately, got lost when I lent it to someone in 1978. I decided to keep my books carefully and only lend when I have to. I rather encourage those who borrow to buy their copy.

Timazi: How many do you have yourself?

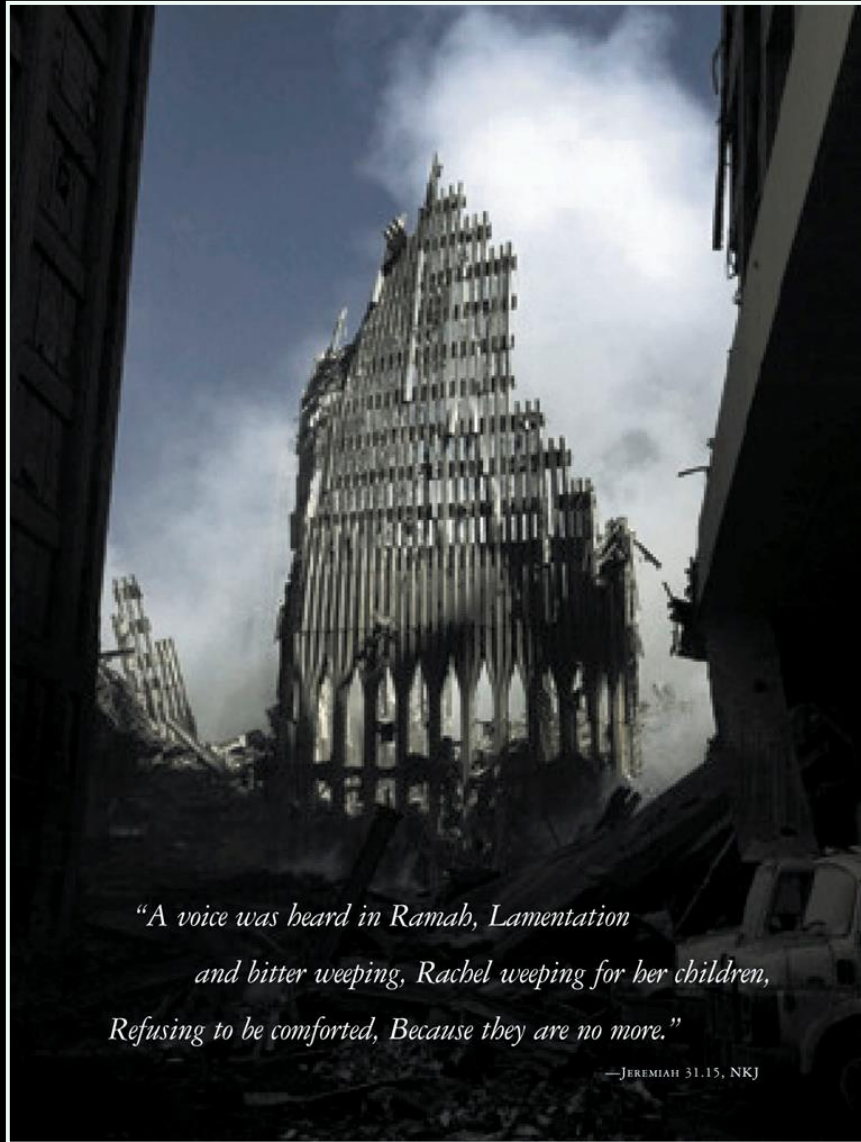
My library has had about 500 volumes. I have in the past five years gifted out a big number leaving me with about 200 volumes that I keep in the safe custody of my bedroom.

Timazi: Do you budget for books?

I presently do not need to budget since as a publisher I receive many books free of charge. Sometimes when browsing in a bookshop, I will come across a good book that I can't put down which I will buy. I also take note of any books quoted in magazines, newspapers or by speakers, which I hunt down and acquire.

Timazi: How can a young person start and grow their library?

The best library is of books one has read, then you and the library become a resource. If a young person can commit to read two books in a month and store them, in 5 years they will not just have a 120-book library, but the knowledge they will have will instantly put them in leadership positions and whenever they speak, gems of wisdom will always flow from them.



*“A voice was heard in Ramah, Lamentation
and bitter weeping, Rachel weeping for her children,
Refusing to be comforted, Because they are no more.”*

—JEREMIAH 31.15, NKJ

WHILE A NATION WEEPS

The American Bible Society responds at ground zero

NEW YORK WAS ONCE

a city with attitude. It featured young women in stylistic black, taxi drivers honking, and deliverymen blaring their radios from double-parked delivery trucks. That was the old New York. ¶ After September 11 New York emerged from the rubble. It was transformed into a city of silent subway riders, makeshift altars around small parks and firehouses and consoling, soft and gentle radio voices. The sounds of sirens – once just a routine of the cacophony of city life – now implied something more ominous. Everywhere were pictures of missing loved ones. Nearly all were of young men and women, too young. Gotham was a metropolis filled with Rachels – and Rams and Ramons and yes, Mohammeds – weeping. ¶ It was a new New York, a shaken city. ¶ “I used to worry about what to dress in the morning. Now I wake up and dress and wonder, ‘will I make it to work?’” an American Bible Society staffer wondered aloud. ¶ New Yorkers and other Americans listened as

BY PETER FEUERHERD

Islam, Terror and the Second Nuclear Age

Is atomic warfare
suicide bombing writ
large?

If Iran
gets the bomb, what will
it do with it?

Does Islamic
law justify the use of
weapons of
mass destruction?

Is there a Shiite
urge for
apocalypse?

By Noah Feldman
Illustrations by James Victore

A nuclear Iran
will be a stronger and
effective enemy in more
American policies
under the banner of
Islam
The killing of George
of the Iranian state
abundant efforts to
Islamic identity
its association between
Islam and anti-Americanism

CAPTIVE OR FREE???

The Prison Break one of the most notable escape stories during World War II took place at the German POW camp, Stalag Luft III and was immortalized in the 1963 film "The Great Escape". One of the 76 who escaped through the elaborate tunnel, 73 were recaptured and so of them were executed on Hitler's orders. Yet many are unaware of a previous escape story which was equally heroic, considerably more outlandish, essentially more effective, and from the very same German camp.

Flight Lieutenant Eric Williams, Michael Codner, and Oliver Philipp plotted an escape that Lieutenant Philipp initially discredited as "crackers". These three effectively tunneled to freedom under the cover of a gymnastics vaulting horse.

The vaulting horse had been constructed from scrap wood and designed to conceal up to four men inside. Every day their fellow prisoners would move the horse to the same spot near a perimeter fence and get some exercise by practicing gymnastics, what in rigorous way to entertain the guards while the men hidden inside were digging a tunnel right under their noses! At the end of exercise time the tunneling men would cover the entrance with boards and dirt. Other vaulting men the plan worked and the three escaped to safety.

Whatever it takes
Don't you just love a good escape story? Especially when it's the good guys who find freedom. But what compelled them to endeavor such extremes and take such risks? It only means that their desire for freedom exceeded their fear of death. Their longing for liberty proved stronger than the barbed wire fences, and their persistent determination greater than the guards who sought to hold them captive.

Are you like the Pharisees?

How about you? Have you found yourself captive and longing for freedom? You might be thinking, "Captive? What do you mean by that? I'm not a captive!" That's the response Jesus got when He began teaching others about gaining freedom.

"Then Jesus said to those Jews who believed Him, 'If you abide in My word, you are My disciples indeed. And you shall know the truth,

But often times this kind of captivation is masked in deception that leaves the victim paralyzed and without awareness of the true circumstance.

and the truth shall make you free.' They answered Him, 'We are Abraham's descendants, and have never been in bondage to anyone. How can You say, 'You will be made free?'" John 8:31-33

Their perspective of freedom was skewed to say the least. The Roman Empire had occupation of Palestine when Jesus spoke those words, not to mention their history of captivity to the Assyrians, the Babylonians, the Medes and Persians, the Grecian occupation of Palestine, and their most notable Exodus from captivity in Egypt. Yet th

"We were inspired by fairy tales, imagining our woman as an enchanted creature living in a secret garden," Domenico Dolce says of the Fall 2014 Dolce & Gabbana collection. "Only she has the keys to enter, and we printed them all over capes, dresses, and accessories," says Stefano Gabbana. "She is a woman with a little bit of magic!" adds Dolce. Magic was indeed in the air: Dolce & Gabbana's opulent key-embroidered coats (1) set the bar for what would be a season of spellbinding outerwear. Following the designers' trail of bread

crumbs, we have entered into the hour of the coat—specifically the textured one. This is the first item to buy this fall: We'll be snapping up Calvin Klein's just-this-side-of-baggy, nipped-waist confections, or one of Céline's white and black frayed-hem porcupine numbers, which are the perfect combination of soft and prickly. Shearlings (2) merit their own category. Come winter, we'll all want to disguise ourselves in sheep's clothing, especially the oversize version that Stuart Weitzman turned out for his debut at Coach. Ralph Lauren nailed the American West at Polo with a distressed, rugged take, and Joseph Altuzarra's update was a fuzzy-side-out bomber. Another essential weapon in every woman's cold-weather arsenal is the mega-knit. Roomy, extra-long-sleeved sweaters (3) abounded on the runway, where some designers even suggested knits from head to toe. Though we'll probably abstain from woolly bell-bottoms (at least publicly), we will be filling our closets with thick, slouchy sweaters like the Row's titanic turtle-neck, Michael Kors's cardigan-dress hybrid, and Bottega Veneta's gray pullover. About that pullover: The gray (4) is crucial. The in-between neutral has taken over as the hue of the moment. Invest in something—anything—in the color, be it a nubdy dress from Stella McCartney or a short-sleeved coat from Dior. Because there's no such thing as being too cozy, fall's sweaters demand to be worn with a scarf (5), ideally one

that's extra-long and matching. Marc Jacobs and Michael Kors showed theirs with casually strewn, knee-grazing scarves, while Prabal Gurung had the look all wrapped up, winding his scarves around as far as they could go. Meanwhile, the heroes of this season's story are the pants—particularly those of the stovepipe variety (6). Slim but not body-tight, these are further evidence of the function-is-fashionable movement; they're classics that will stay on the scene for years to come. Balenciaga and Altuzarra made some of the best, which would pair handsomely with a roomy blazer. Utility reigns in the footwear arena too—scarcely a giletto stepped onto the catwalk. Instead, behold fall's boot: a '70s-inspired low- and chunky-heeled style (7), just right for stomping around in the elements (and still looking chic as all get-out, of course). Gucci, Saint Laurent, and Balenciaga created especially coverable renditions, whether in understated neutrals or punky patent leather. Luxe top-handle totes and shoppers were everywhere on fall's runways, but the latest prize bags are the hands-free, long-strapped styles (8). Amid a forest of novelty options, it's with the demure double-flap bag at Hermès that you'll live happily ever after. In bright white leather, it's the perfect foil for a dove-gray coat with retro boots or even sneakers. The story ends with the jewels: Designers dreamed up novel adornments to take the Snuggie-chic look up a notch. What with all of the thick layers and scarves, accents are limited to the fingers and ears, and should be hefty enough to stand up to the clothes. For rings, the rule is more: Big, colorful, multi-finger versions (9) at Nina Ricci and Proenza Schouler were among the smartest. Earrings, while also large, went solo. Céline and Louis Vuitton showed complex dangles worn on one ear only (10), recalling Madama and Rosanna Arquette in *Desperately Seeking Susan*. And just like that, our desperate search for a solid fall wardrobe is over. The magic door is open, and the season awaits. ■

TEN KEY PIECES

Essential wardrobe elements that will open doors this fall

*By Christine Whitney
Photograph by Victor Demarchelier*

Keyed up: Jacket, pants, and hood, Dolce & Gabbana. See Where to Buy for shopping details. Model: Manuella Frey; hair: Teddy Charles; makeup: Fredrik Stambro for Temptu; manicure: Gina Viviano for Chanel Le Vernis. FASHION EDITOR: Sam Broekema



Tracking an Outbreak Public Safety

FALLOUT PROJECTIONS

Stricter Rules Are Adopted After Report With Dire Toll

By SHERI FINK

Sweeping new federal recommendations announced on Monday for Americans to sharply limit their activities appeared to draw on a dire scientific report warning that without action by the government and individuals to slow the spread of coronavirus and prevent new cases, 2.1 million people in the United States could die.

The report, compiled by British researchers, recommended that dramatic restrictions on work, travel, school and social movements be imposed until a vaccine could be made and widely distributed, which the authors said could take 18 months.

The White House guidelines urged Americans to avoid gatherings of more than 10 people. That is more restrictive than the recommendations released on Saturday by the U.S. Centers for Disease Control and Prevention, which said that gatherings should be limited to 50 people.

The White House also recommended that Americans work from home, avoid unnecessary shopping trips and refrain from eating restaurants. School closures and cases have already imposed stricter measures, including school closings and business closures. Different steps, intended to slow down transmission by isolating patients and curtailing their contact with them, could cut the projected death toll by half, the new report said.

At a news conference with President Trump about what had led to the change in thinking by a White House task force, Dr. Deborah Birx, one of the task force leaders, said new information had come in a model developed in Britain.

"What's the biggest impact in the model is social distancing, small groups, not going to large groups," Dr. Birx said. "The most important thing is to limit exposure to the household because that stops 70 percent of the disease."

Dr. Birx described the model as being consistent with those in a recent study published in an epidemic modeling group at Imperial College London. The study, led by Neil Ferguson, an epidemiology professor at the university, said his group had shared their projections with the White House task force about a week ago and that an early copy of the report was sent over the week-end.

The group has also shared its findings with the Centers for Disease Control and Prevention, said including that eight to nine percent of people in the most vulnerable age groups 65 and older, could be expected to die if infected.

"We don't have a clear cut strategy," Dr. Ferguson said of the recommended measures. "We're going to have to suppress this virus, we're going to have to have a vaccine."

The report, authored by 20 members of Imperial College's coronavirus response team, estimated the role of public health measures aimed at reducing contact. "The effectiveness of any intervention in isolation is likely to be limited, requiring multiple interventions to be combined to have a substantial impact on transmission," the authors wrote.

Dr. Ferguson said the potential health impacts of the new virus were comparable to those of the devastating 1918 influenza outbreak and with kind of overwhelmed health system capacity in any developed country, including the United States, unless measures to reduce the spread of the virus are taken.

The White House task force did not respond to requests for comment. Officials stressed that the federal government's restrictive new guidelines would be re-evaluated after 15 days, although they hinted that they are likely to be extended.

The study's authors said their research made it clear that people in the United States might be advised to continue with draconian restrictions on their daily lives for far longer than Mr. Trump and the task force indicated on Monday.

The authors said that so-called mitigation policies alone — including people suspected of having the virus at home and quarantining their contacts — might reduce the peak demand on the health care system by two-thirds and deaths by half. But that would still result in hundreds of thousands of deaths and a health system "overwhelmed many times over," they said.

Michael D. Shear contributed reporting.

TAKING PRECAUTIONS

Wondering About Social Distancing?

By APOORVA MANDAVILELLI

The Centers for Disease Control and Prevention has recommended against any gatherings of 10 or more people over the next eight weeks, in an effort to contain the coronavirus pandemic.

Many public schools, libraries, universities, places of worship, and sporting and cultural institutions have also shut down for at least the next two weeks. These measures are an attempt to reduce distance between people — a key way to slow past pandemics.

Experts have also been urging people to practice voluntary "social distancing." The term has been trending on Twitter, with even President Trump endorsing it.

Silly, people all over the United States have, been out in large numbers, to sporting events, suggesting more than a little confusion around what social distancing is and who should be practicing it.

"This is deeply worrying, because those who become only mildly ill — and maybe even those who never even know they are infected — can spread the virus through the population. They emphasized that it's important for everyone to practice social distancing, and just those considered to be at high risk or who are especially ill."

"There are not normal times, this is not a drill," said Dr. Anissa Marrazzo, director of infectious diseases at the University of Alabama in Birmingham. "We have never been through anything like this before."

We asked experts for practical guidance.

What is social distancing?
Put simply, the idea is to maintain a distance between you and other people — in this case, at least six feet.

That also means minimizing contact with people. Avoid public transportation whenever possible, limit nonessential travel, work from home and skip social gatherings — and definitely do not go to crowded bars and sporting arenas.

"Every single reduction in the number of contacts you have per day — relatives, friends, co-workers, in school with you — has a significant impact on the ability of the virus to spread in the community," said Dr. Steven Cauchemez, chair of population health sciences at the Centers for Disease Control and Prevention. "Those at high risk may want to avoid even these outings if they can help it, especially if they live in densely populated areas."

Dr. Marrazzo said her mother is an "incredibly healthy" 81-year-old who usually drives herself to the store, but she said she has asked her mother not to go out during this time, because "the risks are too great given the age-related mortality we're seeing."

Can I continue to social?
Please don't. There is no question that older people and those with underlying health conditions are most vulnerable to the virus, but you can't see by no means immune.

And there is a greater public health imperative. Even people who show only mild symptoms can still pass the virus to many others — particularly in the early course of the illness, before they even realize they are sick. So you might keep the virus out of your home, but you're still spreading it to other high-risk relatives. You may also contribute to the number of people being forced, causing the pandemic to grow faster and overwhelm the health care system.

"If you ignore the guidance on social distancing, you will eventually put yourself and everyone else at much higher risk," Experts acknowledged that social distancing is tough, especially for young people who are used to gathering in groups. But even cutting down the number of gatherings, and the number of people in any group, will help.

Can I leave my house?
Absolutely. This experts were unanimous in their answer to this question.

It's O.K. to go outdoors for a walk or to work your dog, go for a hike or ride your bicycle, for example. The point is not to remain indoors, but to avoid being in close contact with people.

You may also need to leave the house for medicines or other essential resources. But there are things you can do to keep yourself and others safe during and after these excursions.

"When you do leave your home, wear down any surfaces you come into contact with, sanitize your hands with an alcohol-based sanitizer and avoid touching your face. Above all, frequently wash your hands — especially whenever you come in from outside, before you eat or before you're in

contact with the very old or very young.

Can I go to the supermarket?

Yes. But buy as much as you can at a time in order to minimize the number of trips, and pick a line when the store is least likely to be crowded.

"When you do go, be aware that any surface inside the store may be contaminated. Use a disinfecting wipe to clean the handle of the grocery cart, for example. Experts did not recommend wearing gloves, but if you do use them, make sure you don't touch your face until you have removed the gloves."

Dr. Caitlin Rivers, an epidemiologist at Johns Hopkins University, recommends avoiding your eulabium in an inaccessible place so that you don't absent-mindedly reach for it while shopping. "That could be a transmission opportunity," she said.

If it's a long shopping trip, you may want to bring hand sanitizer with you and sanitize your hands in between. And when you get home, Dr. Rivers said, wash your hands right away.

Those at high risk may want to avoid even these outings if they can help it, especially if they live in densely populated areas.

Can I go out to dinner at a restaurant?
Some countries have closed down restaurants and bars for the last few weeks, and there is no specific nationwide guidance on this in the U.S. beyond the C.D.C.'s recommendation against gatherings of more than 50 people.

Before New York City announced it was to be shutting down restaurants, they were supposed to be operating with enhanced social distancing, and soften the economic impact.

But in small restaurants, it's hard to maintain social distancing. Experts advised that if you do go out to eat, you should avoid being in close contact with people.

"If you do go out to eat, you should avoid being in close contact with people. If you do go out to eat, you should avoid being in close contact with people. If you do go out to eat, you should avoid being in close contact with people."

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home. If they seem healthy and desperately need to burn energy, outdoor activities such as bike rides are generally OK.

But "people, especially in higher-risk areas, may want to limit even those trips to high-traffic public areas like the playground," said Dr. Nisha Chaudhary, a psychiatrist at Harvard Medical School.

Kids also need to touch their mouths, noses and faces constantly, so parks or playgrounds with few kids and few contaminated surfaces are ideal. Take hand sanitizer with you and clean any surfaces with disinfecting wipes before you play.

Serious illness from this virus in kids is rare, so kids themselves might be safe. "That doesn't mean they can't come home and give it to Grandma," said Dr. Marrazzo. "So kids should wash their hands often, especially before they come into contact with older or high-risk family members."

I'm scared to feel alone. Is there anything I can do to make this easier?

It's a scary and uncertain time. Staying in touch with family and friends is more important than ever, because we are biologically hard-wired to seek each other out when we are stressed, said Dr. Jonathan Kanter, director for the Center for Science of Social Connection at the University of Washington in Seattle.

Dr. Kanter said he was particularly worried about the long-term impact of social isolation on both the sick and the healthy. The absence of physical touch can have a profound impact on our stress levels, he said, and also affects mental health.

He said even imagining a warm embrace or a hand on your shoulder can activate the body's fight-or-flight response.

"We are lucky enough to have technologies at hand that can maintain social connections. It's important to note that social distancing does not mean social isolation," Dr. Chaudhary said.

She suggested people stay connected via social media, and even be creative: Schedule dinners with friends over FaceTime, participate in online game nights, plan to watch television shows at the same time, enroll in remote learning classes. It's especially important to reach out to those who are sick or to high-risk people who are self-isolating. "A phone call with a voice is better than text, and a video chat is better than a telephone call," Dr. Kanter said.

How long will we need to practice social distancing?
That is a big question, experts said. A lot will depend on how well the pandemic is contained, the place work and how much we can limit the number of people who are allowed to gather down for at least a month, and how many people are infected.

In Seattle, the recommendations on social distancing have continued to evolve with the nature of infectious diseases, and as the health system has become increasingly overwhelmed.

"We're in uncharted territory," Dr. Marrazzo said.

Illustration by the New York Times.

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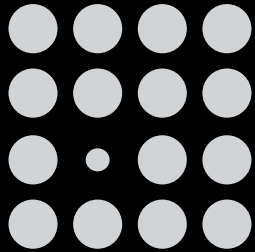
Illustration by the New York Times.

Illustration by the New York Times.

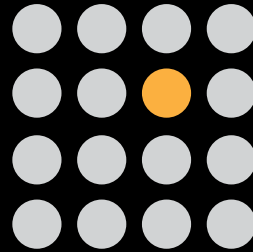
Illustration by the New York Times.

CONTRAST

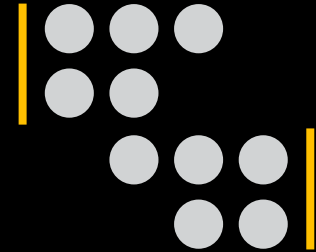
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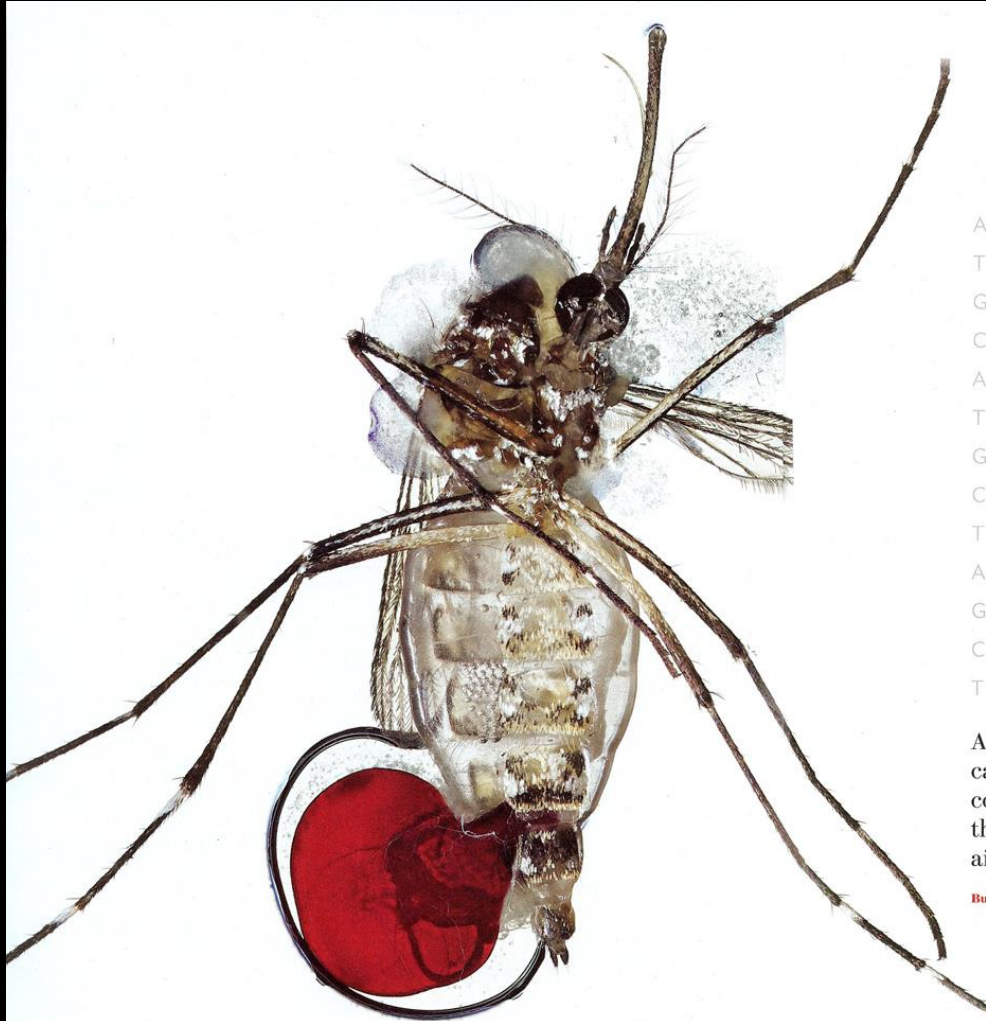
Eggs

BY ANNE MESKEY ELHAJOU

Scrambled. Fried. Souffléed, Bruléed. Poached. On toast. Whipped. And dropped (in soup, of course). The egg in all of its expressions, never disappoints. What other food can serve both as the staple of the down home country breakfast sitting next to a pile of grits, and the star of fine dining, served as Benedict, in Nicoise, or all by itself as a delicacy, like that of the quail? There's nothing like it in the culinary universe, and it brings so much pleasure in its myriad forms.

Beyond its sheer yumminess, though, the egg serves as the backbone for the science of cooking and baking. Because its proteins change when heated, beaten or mixed, eggs act as the catalyst to perform the special effects of the culinary world. It's the "guy behind the scenes," making a lot of magic happen.

PRINCIPLES OF VISUAL HIERARCHY



BIOTECHNOLOGY

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A new breed of genetically modified mosquitoes carries a gene that cripples its own offspring. They could crush native mosquito populations and block the spread of disease. And they are already in the air—though that's been a secret *By Bijal P. Trivedi*

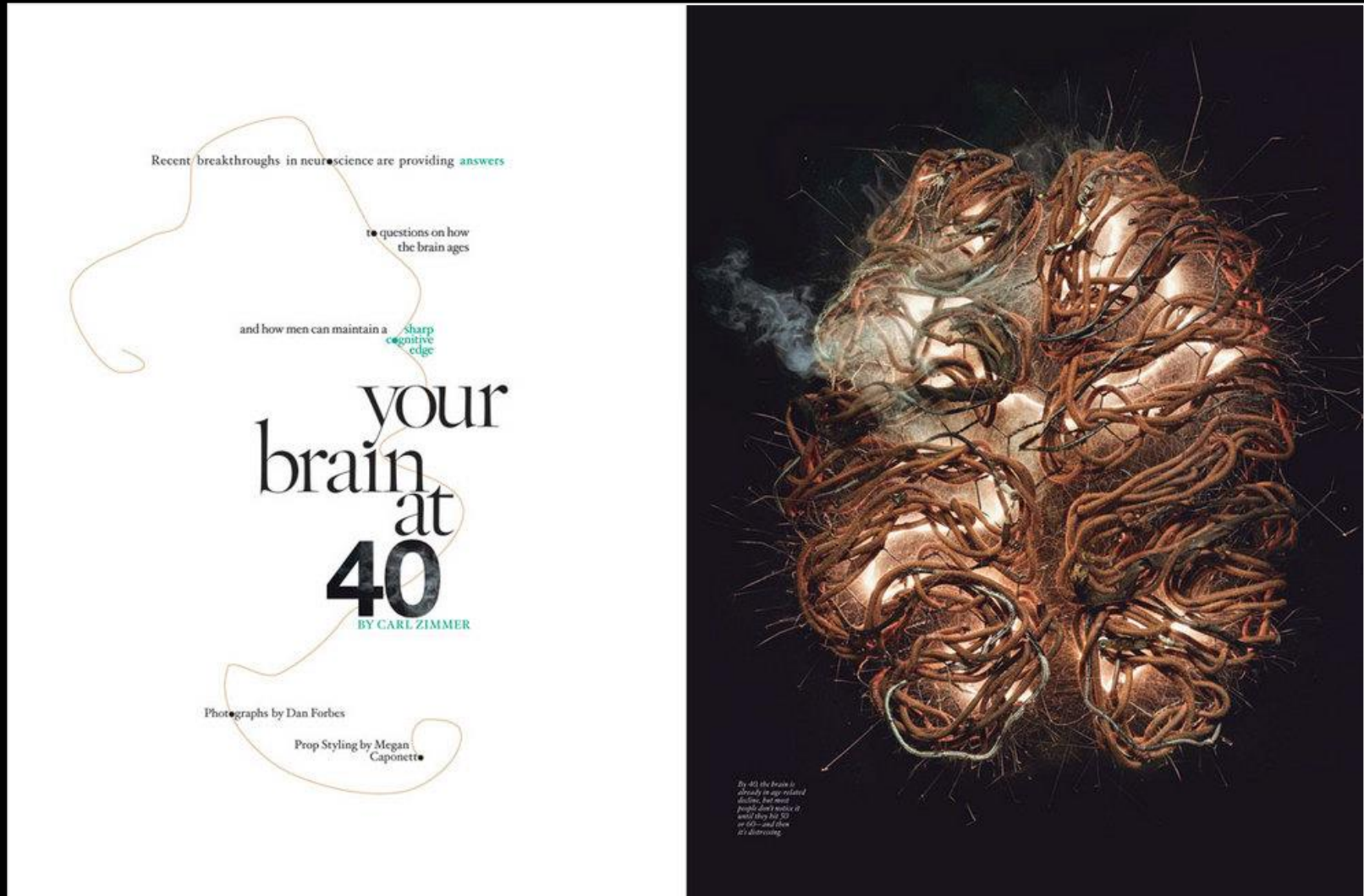
Buzz kill: The *Aedes aegypti* mosquito is the primary carrier of dengue fever.

Photograph by David Litzschwager

November 2011, ScientificAmerican.com 69

CONTRAST IN COLOR

PRINCIPLES OF VISUAL HIERARCHY



CONTRAST IN ALIGNMENT

Lord over all and Lord of all

He stands on his own pedestal!

Seven years ago, I met a bubbly young man from a sister church. He was naturally charming, the kind you want to have along with you as you interact with the teenagers and youth. Let me call him Ka-bro. After two years of serving together, he disappeared from church. It was only a year ago that I came to know he had become a staunch member of the *Mwene Nyaga* movement, whose followers are encouraged to worship the traditional gods of the *Agikuyu* people and turn away from Jesus who is said to be the white man's god.

A solution?

But why would he join a group whose beliefs are clearly against what he had been preaching during the period we served together? Mutual friends told me he went into depression after his girlfriend got pregnant at a time when he was jobless. In his pain, sadly, no brother from the church fellowship seemed to care enough to practically help out. He met some youth who were in this movement who introduced him to the sacrifices and all the other rituals.

They hooked him up with a shoe selling business in Nairobi and then ... kaboom! His life changed! He could provide for his girlfriend and their growing baby girl. Today, he will not listen to anything against this movement. He is sold out, I hear, more than he was when we served in the church. What he lacked at his point of need was provided elsewhere. He says that the new fellowship seems more serious and 'engaging' than what he used to know before.

Some of it, but not everything

Interestingly, the proponents of African Traditional Religion (ATR) want a merger of thought as they mix and match aspects of Christianity and tradition. They are happy to connect and claim some biblical



passages especially with regard to the Old Testament prophets. But if this merger was possible, why would Christ be so exclusive in his claims? What characteristics of these gods can we point to that leave us in awe like the God of the Bible does? Is it possible to let these gods fight for themselves like the God of scripture or do we find ourselves needing to defend them? Do these gods claim total sufficiency apart from our works and sacrifices or do they need human support? What evidence can we rely upon, as we give allegiance to these deities, that they are worth our trust?

We need to give our minds room for reason and our hearts reason to believe. We do this by checking the validity of the object of our faith before we throw the weight of trust- with-our-lives into their hands. Just as with any other issue that touches on our lives, the object of our faith needs to give us a track record we can believe. Let me invite you to a journey, for reason sake, and to build faith in the eternal, immortal, invincible, and only wise God- Jesus Christ.

TO BORROW OR TO OWN BOOKS

Martin Karanja

Martin Karanja is the Chairman of the Kenya Students Christian Fellowship (KSCF), a national movement of Christian students in high schools in Kenya. He previously served as the General Secretary of FOCUS (Fellowship of Christian Unions) a movement of Christian Unions in Universities and Colleges. Martin who has consistently been involved with and demonstrated his love for young people over the years runs a book publishing company. He previously operated bookstores in Nairobi and thus has an outstanding relationship with books and a story worth hearing.

Timazi: Tell us a bit about your journey with books.

Martin: I loved books as early as when I was in primary school and read all the common children's books such as Famous Five and Secret Seven. This interest continued when I went to secondary school and was channelled towards Christian books when I became a Christian. At the University, I met the Living Bibles Store, now Biblica, who provided a source of good reads. In 1984, they appointed me as a Book Agent in the University which entailed receiving books and selling them to the Christian Union members. I have many happy memories of this amazing opportunity. This experience would later influence my decision to sell Christian literature in the East Africa region, operate bookshops in Nairobi and later start the publishing house that I run today.



Timazi: Any life-changing book besides the Bible?

Martin: In the year 2002 while attending the Christian Book Sellers Association meeting in Anaheim, California, USA, I was invited to a luncheon hosted for International guests. The speaker was the renowned Author and Speaker John Maxwell. He gave each of us a copy of his latest book then, *My Roadmap for Success* which he said was a summary of all the books he had written. I extended my stay in the US for an extra week to deeply study that book. It challenged me greatly on the importance of purpose and how to live a purposeful life. It was then that I decided to spend the rest of my life and resources serving God.

Timazi: What drove you to want to have people own books?

Martin: As I have already said, books have had a great impact on me over the years and good books become part of my testimony. I recall reading a book called '18' which was the story of a young girl who was passionate about sharing her faith and led her friends to Christ. The girl would unfortunately later have an accident and die, and the book would be written by her mother. This wonderful book, unfortunately, got lost when I lent it to someone in 1978. I decided to keep my books carefully and only lend when I have to. I rather encourage those who borrow to buy their copy.

Timazi: How many do you have yourself?

My library has had about 500 volumes. I have in the past five years gifted out a big number leaving me with about 200 volumes that I keep in the safe custody of my bedroom.

Timazi: Do you budget for books?

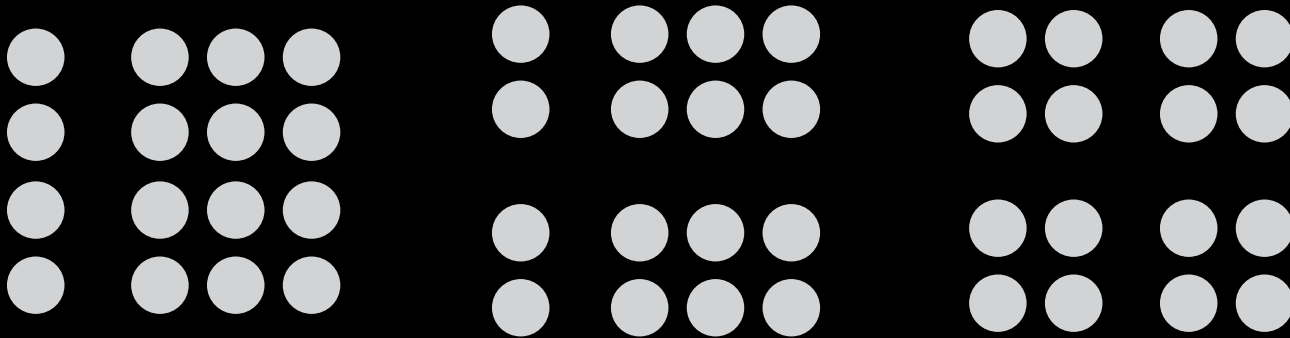
I presently do not need to budget since as a publisher I receive many books free of charge. Sometimes when browsing in a bookshop, I will come across a good book that I can't put down which I will buy. I also take note of any books quoted in magazines, newspapers or by speakers, which I hunt down and acquire.

Timazi: How can a young person start and grow their library?

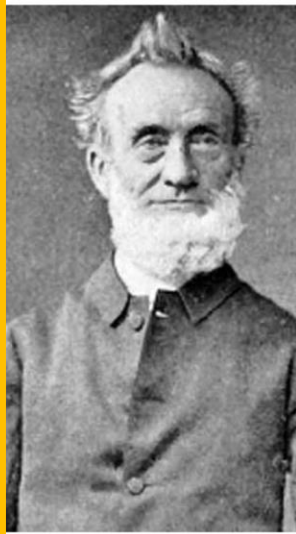
The best library is of books one has read, then you and the library become a resource. If a young person can commit to read two books in a month and store them, in 5 years they will not just have a-120-book library, but the knowledge they will have will instantly put them in leadership positions and whenever they speak, gems of wisdom will always flow from them.

The best library is of books one has read, then you and the library become a resource.

PROXIMITY



PRINCIPLES OF VISUAL HIERARCHY



GEORGE MULLER (1805 -1898)

Many called him 'The Apostle of Faith' he was a ferocious reader who did wonders in the 19th century. It is recorded that Muller read the Bible more than 200 times in his lifetime. Concerning his passion for the scriptures, he says, "I ought to read again and again this most precious Book, His Book of books, most earnestly, most prayerfully, and with much meditation; and in this practice, I ought to continue all the days of my life." But this 19th century pastor, itinerant preacher and founder of a orphanage that fed up to 10,000 children (by faith) did not just read the scriptures alone he says, "I read tracts, missionary papers, sermons, and biographies of godly persons" which served a lot in kindling his heart to preach the gospel. Just like his few readers, much reading did not render him an ineffective mere bookworm but he accomplished much out of that reading.



CATHERINE BOOTH (1829 -1890)

She was the co-founder of [The Salvation Army](#) along with her husband [William Booth](#). By the age of 12 had read through the Bible eight times from Genesis to Revelation. Unfortunately, at the age of 14, she developed spinal curvature and was forced sometimes to lie in bed for months. His setback, however, did not render her to self-pity but by the grace of God, it became a golden opportunity to devour books. She read books like Roe's *Devout Exercise of Heart*, Mrs Fletcher's biography among many other works of Charles Finney and John Wesley. Due to Her love for reading, she was able to author 36 books her most popular one being *Aggressive Christianity*.

"I ought to read again and again this most precious Book, this Book of books"

He was such a ferocious reader, reading up to a tune of six books a week.



CHARLES HADDON SPURGEON (1834—1891)

"The Prince of Preachers", as he is commonly called, preached to an estimated 10,000,000 during his lifetime, published his sermons to an estimated 25,000 people each week at the height of his ministry. He was such a ferocious reader, reading up to a tune of six books a week. This habit began when he just a boy of barely 5 years of age by reading John Bunyan's *"Pilgrim progress"*, a book he read again and again for about a hundred times before the time of his death. His common motto regard to book reading was "Visit many good books, but live in the BIBLE." By the time of his death in he had amassed 5,100 books in his personal library.

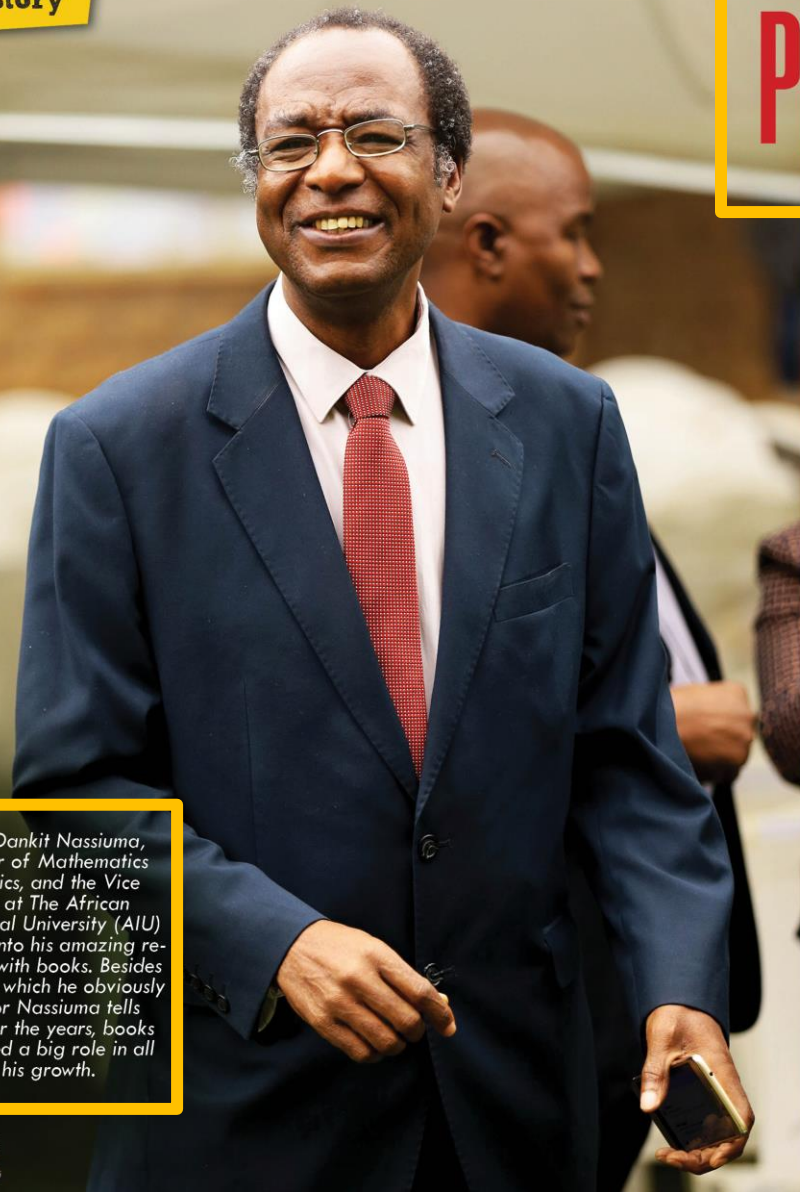


FRANCES RIDLEY HAVERGAL

Most of us may have heard the hymn *Take my Life and Let it be'*, this plus other one hundred hymns were the fine work of Frances Ridley Havergal. She was an amazing 19th Century musician, poetess, devotional and hymn writer. However, what is not well known is that before Havergal could rise to such plausible ranks, God employed his word together with other amazing Christian books to shape her into a vessel of worth in His hand. Havergal, who by the age of 3 had already known how to read, is recorded to have devoted herself to the word of God, memorizing large portion of New Testament and other parts of the Old Testament like Psalms, Isaiah and the Minor Prophets. She gives a testimony on how joy filled her heart one day on reading "All For Jesus" by Wrenford he says "All' is all; and as we may trust Him to cleanse from the stain of the past sins so we may trust Him to cleanse from a present defilement..." Among other work that she devoured for the profit of her soul were those of Jeremy Taylor, Thomas Hooker and many of the Puritan works.

PROFESSOR NASSIUMA

- My Story with Books



Professor Dankit Nassiuma, a Professor of Mathematics and Statistics, and the Vice Chancellor at The African International University (AIU) lets us in, into his amazing relationship with books. Besides academia, which he obviously is, Professor Nassiuma tells us how over the years, books have played a big role in all aspects of his growth.

Early years

I was born 60 years ago in a small village in Bungoma County, the 4th born in a family of 10. My father was a teacher while my mum did some farming as well ran a small business. My parents treasured honesty, hard work and church. I joined school as a five-year-old, which was unusually early in those years. My status as the youngest in class did not hinder my learning and on the contrary, I ended up grasping the reading and writing earlier than most of my classmates. Learning then was in our vernacular language, but I went one step further and learnt how to read and write in English giving me a serious advantage in both classwork and communication.

My appetite for reading developed early. There were limited reading materials available in our school and I devoured everything that was available. I particularly remember reading the James Hadley Chase novels that I definitely do not recommend now. By the time I was in standard six, there were no more reading materials available for me to read.

Advantage for further reading

The fruits of this expansive reading were an ability to communicate articulately in English and a superior comprehension of the subject texts even beyond our teachers. It was usual then to have teachers who had proceeded to teacher training straight after primary school. I remember one of the teachers who had no secondary education and

limited English language skills who would come to me for an explanation of the lessons before teaching us on the following day. This was hardly because I was brighter than the other students but rather an advantage that came from broad reading.

High School Years

High school was a major milestone in my reading. It afforded a wider range of literature and the school subjects themselves demanded extra effort. The literature set-books were most enjoyable. It was from our Literature teacher that I learnt the valuable skill of speed-reading for which I am grateful to this day as it enables me to read a two-hundred-page book in two hours! I cultivated the reading discipline enabling me to perform well academically.

There were limited reading materials available in our school and I devoured everything that was available.

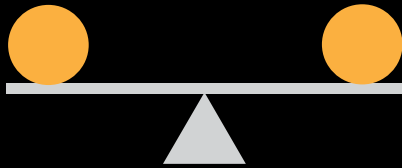
I would, for example, read my literature set books on school trip bus rides while other students were chattering away saving me valuable time.

Good Religious person

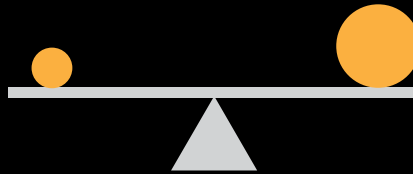
All this time I was a good and religious person, occasionally reading my bible and observing all the rules required by my denomination. I was nevertheless conflicted by the behaviour of people claiming to be

BALANCE

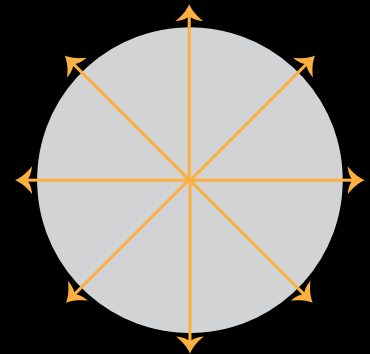
SYMMETRICAL BALANCE



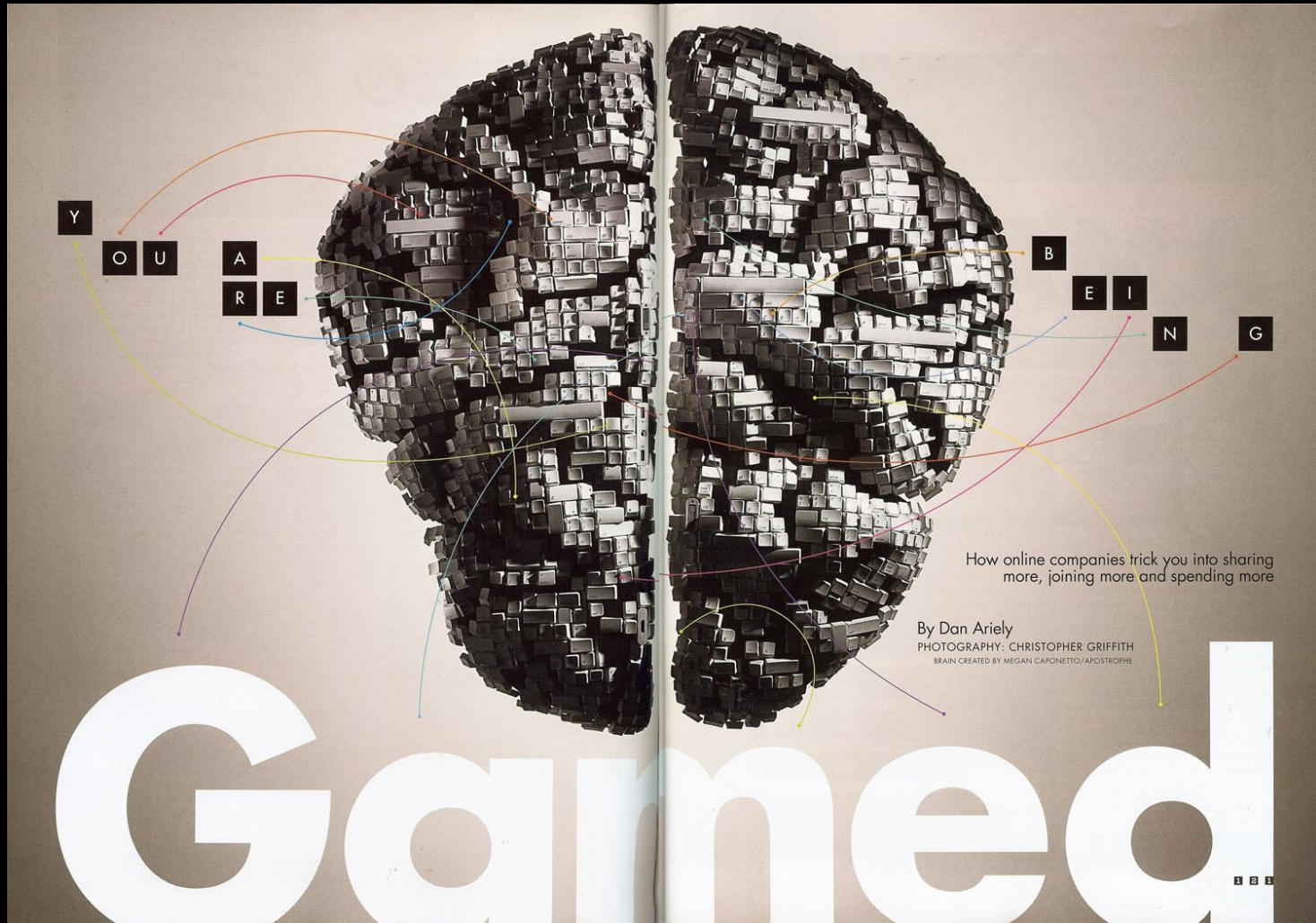
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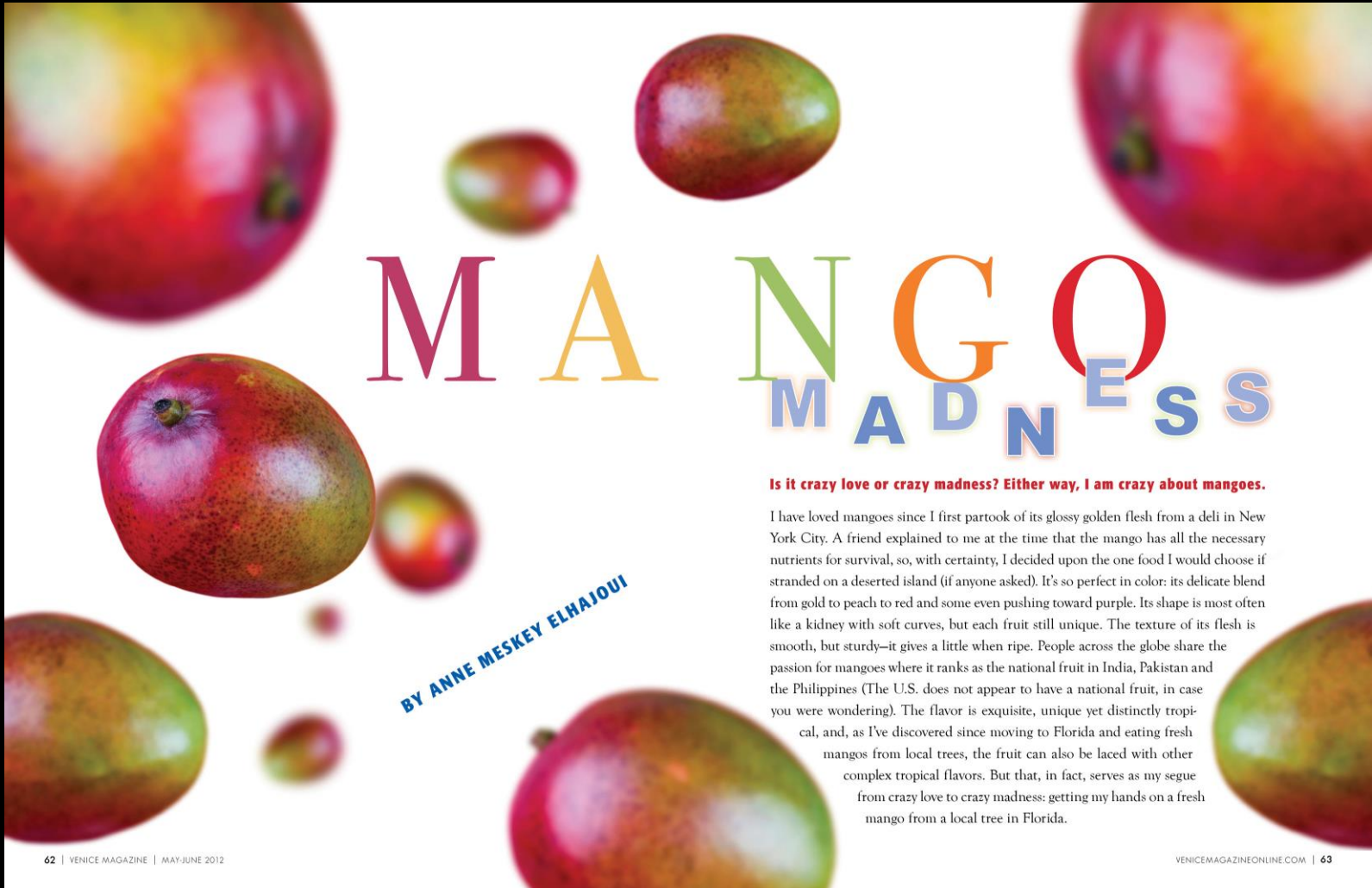
RADIAL BALANCE



PRINCIPLES OF VISUAL HIERARCHY



SYMMETRICAL BALANCE



M A N G O M A D N E S S

BY ANNE MESKEY ELHAJOU

Is it crazy love or crazy madness? Either way, I am crazy about mangoes.

I have loved mangoes since I first partook of its glossy golden flesh from a deli in New York City. A friend explained to me at the time that the mango has all the necessary nutrients for survival, so, with certainty, I decided upon the one food I would choose if stranded on a deserted island (if anyone asked). It's so perfect in color: its delicate blend from gold to peach to red and some even pushing toward purple. Its shape is most often like a kidney with soft curves, but each fruit still unique. The texture of its flesh is smooth, but sturdy—it gives a little when ripe. People across the globe share the passion for mangoes where it ranks as the national fruit in India, Pakistan and the Philippines (The U.S. does not appear to have a national fruit, in case you were wondering). The flavor is exquisite, unique yet distinctly tropical, and, as I've discovered since moving to Florida and eating fresh mangos from local trees, the fruit can also be laced with other complex tropical flavors. But that, in fact, serves as my segue from crazy love to crazy madness: getting my hands on a fresh mango from a local tree in Florida.

PRINCIPLES OF VISUAL HIERARCHY

1. CONSIDER A TWO-WEEK MEDIA FAST. A "media fast" means to go without certain media for an extended period of time in order to humble yourself, seek God, and help your heart to clear from many of the media "toxins" that can distract us from God or grieve His heart. This has been explained further in the article about it lifted. How about you unplugging? Hopefully this time will encourage you to develop good lifetime habits of discernment and choices regarding your "media diet". Keep a journal during your media fast and when you are done take some time and write a short article about what God taught you during that time and send it to us, we will publish it!

2. CLEAN HOUSE: Fasting from something that is good and nutritious or even unhealthy but sustaining can be a good thing, but living on a diet of poison is deadly. Much of media today crosses the line of unhealthy into the realm of spiritual poison. Don't compromise. Be sure and get rid of anything in your possession that dishonors God. Burn those DVDs full of horror, sexual perversions and violence that you purchased at fifty bob from your local video shop that illegally sells pirated movies. Remember Jesus words of tearing the eye that causes you to sin. If you have a TV in your bedroom, get rid of it. And that smartphone that has caused your addiction to porn, give it back to your parents until you are free.



HERE ARE FOUR IDEAS THAT CAN HELP YOU ACCLIMATE TO NEW HEIGHTS OF SPIRITUAL LIVING.

3. RENEW YOUR MIND AND BUILD A STRONGER BIBLICAL WORLDVIEW IN YOUR LIFE BY SPENDING MORE TIME IN THE BIBLE. Take our Bible reading challenge and read the entire Bible in one year – you can do it! It only takes about 15 minutes a day to read at least three chapters. The benefit we gain from reading Scripture in a shorter time is that it saturates our thoughts with God's Word and we are able to get a bird's eye view of the entire story that God has written for us. The next step is to study the scriptures and of course memorize them. But let us do first things first, read the Bible for yourself first.

What important things have you been neglecting in your life because of excessive or careless media habits? These challenges are not just about getting rid of harmful, wasteful, or unnecessary media and entertainment in your life. It is much more than that. It is about fixing your eyes on Jesus and running the race He is calling you to run. It's not just about turning off the TV but putting "on the Lord Jesus Christ" (But but on the Lord Jesus Christ, and make no provision for the flesh in regard to its lusts." Romans 13:14. It's not just about prying your attention away from worthless pursuits but reconditioning your life to a walk of faith and a "hunger and thirst for righteousness". Replace your old media habits with unprocessed entertainment. Learn how to play a sport, play an instrument, learn a new language and spend more time with fellow believers making real friends while at it. Learn how, as someone said, to get your face off Facebook and get your face on a book. Read as much as you can, read holistic literature that builds you up. In short, when you take away, make sure you replace otherwise your old habits will slowly creep back.

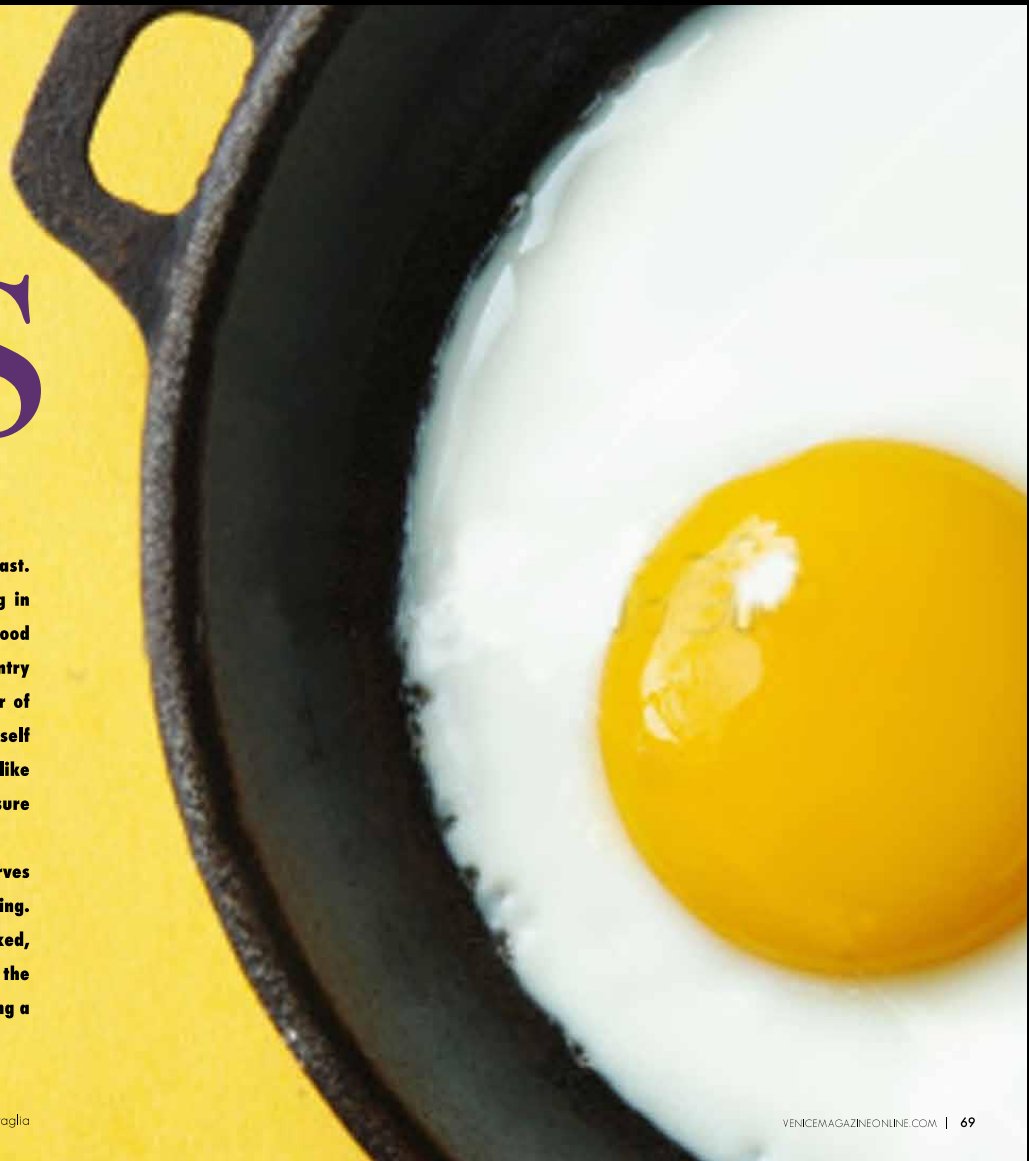
4. REPLACE VS. TAKE AWAY. What important things have you been neglecting in your life because of excessive or careless media habits? These challenges are not just about getting rid of harmful, wasteful, or unnecessary media and entertainment in your life. It is much more than that. It is about fixing your eyes on Jesus and running the race He is calling you to run. It's not just about turning off the TV but putting "on the Lord Jesus Christ" (But but on the Lord Jesus Christ, and make no provision for the flesh in regard to its lusts." Romans 13:14. It's not just about prying your attention away from worthless pursuits but reconditioning your life to a walk of faith and a "hunger and thirst for righteousness". Replace your old media habits with unprocessed entertainment. Learn how to play a sport, play an instrument, learn a new language and spend more time with fellow believers making real friends while at it. Learn how, as someone said, to get your face off Facebook and get your face on a book. Read as much as you can, read holistic literature that builds you up. In short, when you take away, make sure you replace otherwise your old habits will slowly creep back.

Eggs

BY ANNE MESKEY ELHAJOUJ

Scrambled. Fried. Souffléed, Bruléed. Poached. On toast. Whipped. And dropped (in soup, of course). The egg in all of its expressions, never disappoints. What other food can serve both as the staple of the down home country breakfast sitting next to a pile of grits, and the star of fine dining, served as Benedict, in Nicoise, or all by itself as a delicacy, like that of the quail? There's nothing like it in the culinary universe, and it brings so much pleasure in its myriad forms.

Beyond its sheer yumminess, though, the egg serves as the backbone for the science of cooking and baking. Because its proteins change when heated, beaten or mixed, eggs act as the catalyst to perform the special effects of the culinary world. It's the "guy behind the scenes," making a lot of magic happen.



"We were inspired by fairy tales, imagining our woman as an enchanted creature living in a secret garden," Domenico Dolce says of the Fall 2014 Dolce & Gabbana collection. "Only she has the keys to enter, and we printed them all over capes, dresses, and accessories," says Stefano Gabbana. "She is a woman with a little bit of magic!" adds Dolce.

Magic was indeed in the air. Dolce & Gabbana's opulent key-embroidered coats (1) set the bar for what would be a season of spellbinding outerwear. Following the designers' trail of bread crumbs, we have entered into the hour of the coat—specifically the textured one. This is the first item to buy this fall: We'll be snapping up Calvin Klein's just-this-side-of-shaggy, nipped-waist confections, or one of Céline's white and black frayed-hem porcupine numbers, which are the perfect combination of soft and prickly. Shearlings (2) merit their own category. Come winter, we'll all want to disguise ourselves in sheep's clothing, especially the oversize version that Stuart Wevers turned out for his debut at Coach. Ralph Lauren nailed the American West at Polo with a distressed, rugged take, and Joseph Altuzarra's update was a fuzzy-side-out bomber. Another essential weapon in every woman's cold-weather arsenal is the mega-knit. Roomy, extra-long-sleeved sweaters (3) abounded on the runway, where some designers even suggested knits from head to toe. Though we'll probably abstain from woolly bell-bottoms (at least publicly), we will be filling our closets with thick, slouchy sweaters like the Row's titanic turtle-neck, Michael Kors's cardigan-dress hybrid, and Bottega Veneta's gray pullover. About that pullover: The gray (4) is crucial. The in-between neutral has taken over as the hue of the moment. Invest in something—anything—in the color, be it a nubby dress from Stella McCartney or a short-sleeved coat from Dior. Because there's no such thing as being too cozy, fall's sweaters demand to be worn with a scarf (5), ideally one

TEN KEY PIECES

Essential wardrobe elements that will open doors this fall

By Christine Whitney

Photograph by Victor Demarchelier

Keyed up. Jacket, pants, and hood, Dolce & Gabbana. See Where to Buy for shopping details. Model: Manusia Frey; hair: Teddy Charles; makeup: Fredrik Stambro for Tempus; manicure: Gina Viviano for Chanel Le Vernis.

FASHION EDITOR: Sam Broekema

that's extra-long and matching. Marc Jacobs and Michael Kors showed theirs with casually strewn, knee-grazing scarves, while Prabal Gurung had the look all wrapped up, winding his scarves around as far as they could go. Meanwhile, the heroes of this season's story are the pants—particularly those of the stopepice variety (6). Slim but not body-tight, these are further evidence of the function-is-fashionable movement; they're classics that will stay on the scene for years to come. Balenciaga and Altuzarra made some of the best, which would pair handsomely with a roomy blazer. Utility reigns in the footwear arena too—scarcely a stiletto stepped onto the catwalk. Instead, behold fall's boot: a '70s-inspired low- and chunky-heeled style (7), just right for stomping around in the elements (and still looking chic as all get-out, of course). Gucci, Saint Laurent, and Bally created especially covetable renditions, whether in understated neutrals or punky patent leather. Luxe top-handle totes and shoppers were everywhere on fall's runways, but the latest prize bags are the handle-free, long-strapped styles (8). Amid a forest of novelty options, it's with the demure double-flap bag at Hermès that you'll live happily ever after. In bright white leather, it's the perfect foil for a dove-gray coat with retro boots or even sneakers. The story ends with the jewels: Designers dreamed up novel adornments to take the Snuggie-chic look up a notch. What with all of the thick layers and scarves, accents are limited to the fingers and ears, and should be hefty enough to stand up to the clothes. For rings, the rule is more: Big, colorful, multi-finger versions (9) at Nina Ricci and Proenza Schouler were among the smartest. Earrings, while also large, went solo. Céline and Louis Vuitton showed complex danglers worn on one ear only (10), recalling Madonna and Rosanna Arquette in *Desperately Seeking Susan*. And just like that, our desperate search for a solid fall wardrobe is over. The magic door is open, and the season awaits. ■





THE “WAR” ON RELIGION

A CLOSER LOOK AT
WHAT AMERICA
REALLY THINKS ABOUT
CHRISTIANS. (YOU’LL
BE SURPRISED.)

BY HANLEY WRIGHT

IN

most ways, Christians have become increasingly unpopular with a certain popular name

the. It goes something like this: Non-Christians hate us. They hate us because we are hypocritical jerks. We need to be more like Jesus of the world like us before.

The growing negative perception, many churches and leaders believe, is the result of Christians not living out the Gospel. Believers have been behaving “non-Christian,” so non-Christians now see them as nothing more than judgmental and hypocritical. That perception, in turn, impedes the mission of the Church. After all, who wants to listen to judgmental hypocrites?

And so the story goes: that Christians need to do their best to change public perception by acting like better Christians.

It sounds very holy, doesn't it? After all, how can anything that calls for Christians to better live out their faith be a bad thing? And all of that might be the case... if the narrative was true. Or helpful.

Unfortunately, the narrative is neither true nor helpful.

SHOULD CHRISTIANS CARE?

Let's start with a basic question: Should Christians even care what others think of them? Scripture doesn't promise Christians will be popular if they live out the Kingdom of God, in fact, the opposite might be true—it can prompt persecution. Obviously this isn't a license for acting like a jerk, because persecution is only laudable when it happens because of righteousness (Matthew 5:10), not from being unlovable. Still, there's no scriptural basis for linking authentic Christianity with high public approval ratings.

Also, when anti-Christian sentiment does exist, it's usually based on stereotypes and not on an objective assessment of beliefs and actions. Stereotypes, by definition, are inaccurate to a degree, and they persist in the face of countering evidence. So, if every single Christian was suddenly to become a perfect Christian (behavior that would look like some people would still have negative views of Christians).

WHAT DO THEY REALLY THINK?

Let's look at some data to find out what people really think of Christians. A 2006 Gallup poll asked Americans how they felt about different religious groups, and the groups that elicited the most negative reactions were non-Christians. About half of Americans have negative views toward Scientologists and atheists, and about 40 percent have negative views toward Muslims. When it comes to Christians, attitudes vary widely depending on which label is used. About a quarter of Americans have negative views toward evangelical and fundamentalist Christians, 10 percent toward Catholics and Baptists and only about 5 percent toward Methodists.

ON AVERAGE, AMERICANS' ATTITUDES TOWARD EVANGELICALS AREN'T THAT BAD—FOR EVERY AMERICAN WHO HAS A NEGATIVE VIEW, ABOUT THREE HAVE NEUTRAL OR POSITIVE VIEWS.

There's clearly a disconnect: Americans think more negatively of evangelical Christians than they do Baptists, yet more Baptists are evangelicals. For whatever reason, the term “evangelical” has become stigmatized, eliciting more negative reactions than other labels of the same group of people. (The easiest way to improve ratings of Christians would likely be to use different language in survey questions, asking about specific denominations, “non-denominational” Christians or even “born again” Christians.) Undoubtedly, there is regional variation in attitudes toward evangelical Christians, with attitudes being more or less positive depending on where you live. Nonetheless, on average, Americans' attitudes toward evangelicals aren't that bad—for every American who has a negative view, about three have neutral or positive views.

Of course, most Americans (about two-thirds) identify as Christians themselves, so let's look at data from just non-Christians. In a nationwide survey conducted in the 1990s by the Pew Foundation, about two-thirds of non-Christians had an overall unfavorable opinion of evangelical Christians. However, when Pew

asked the question again in the 2000s, only about 10 to 40 percent of non-Christians had an unfavorable opinion. This lower level has remained stable for the last decade, in contrast to popular misconception, non-Christian attitudes toward evangelicals have gotten more—not less—positive over time.

There's no definitive explanation for this change in non-Christians' attitudes. Perhaps it is linked to the changing nature of evangelicals' involvement in politics. In every election cycle, there is plenty of talk about evangelical Christians and politics. This year, for example, pollsters are examining how much evangelicals will support the candidacy of Mitt Romney, who is a Mormon.

In the 1980s and '90s, however, Jerry Falwell and other well-known evangelical leaders explicitly aligned themselves with the Republican Party—coming close to equating

being Christian with supporting a particular political party, which turned off many people. In contrast, the best-known evangelicals of today, such as Rick Warren and Bill Hybels, are less politically partisan. For example, in the 2008 presidential election, Rick Warren invited both Senator McCain and President Obama to speak at his church.

Another common assumption is that young people, relative to the old, have a much more negative attitude toward Christians. If true, this is bad news for Christianity, because

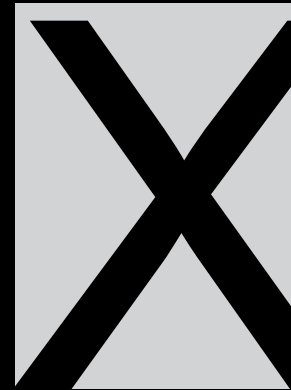
PRINCIPLES OF VISUAL HIERARCHY

SPACE


WHITE SPACE



NEGATIVE SPACE



PRINCIPLES OF VISUAL HIERARCHY



FIGHT HOMELESSNESS


You can help fight homelessness in Colorado Springs this fall! Here are two ways that you can make a difference in the lives of the chronically homeless AND have fun at the same time!

NOVEMBER 5

AMERICA THE BEAUTIFUL PARK 8AM - 4PM
Colorado Springs Fights Homelessness


| free pancake breakfast | dog competition | live music |
| free inflatable games for adults and children |
| free lunch BBQ | live radio remotes | and much more! |

NOV+DEC 1-31

 indygive.com

Join the Give! Campaign
and give a gift to Springs Rescue Mission's Resource Advocate Program. 100% of your donation through the Give! Campaign goes directly to SRM. And...there are great reward packages for your gift of \$25 or more! You can't go wrong!

LIVE HERE? GIVE HERE!
Help Colorado Springs fight homelessness:
Show up **NOVEMBER 5** and give just \$10 to help the chronically homeless connect with the services they need through the Resource Advocate Program!



SPRINGS RESCUE MISSION

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THE NEW ICE AGE

FLAVOR PATROL PASTRY CHEFS AND ENTREPRENEURS ARE RUSHING TO APPEASE AMERICANS' INFLAMED APPETITE FOR NEW TWISTS ON AN OLD FAVORITE, BOTH IN RESTAURANTS AND IN CREATIVE RETAIL OPERATIONS. MERYLE EVANS REPORTS.

When San Francisco pastry chefs **Ruthie Planas** and **Eric Shelton** worked together at **Aqua**, romance bloomed at the ice cream freezer. Eventually they left their restaurant jobs, married, and two years ago opened **Sketch Ice Cream** in Berkeley, named to convey the notion that the purest form of an idea begins with a sketch—in their case, ice cream freshly made each morning. “Pure” and “fresh” are the mantras for a whole new crop of fervent frozen dessert artisans, whether they are pastry chefs exper-

imenting with outrageous flavors, organic dairy farmers making 16 percent butterfat maple walnut ice cream, or entrepreneurs providing restaurants and retail customers with dense, low-fat, Italian-style gelati and sorbetti. They speak enthusiastically about milk from grass-fed cows, day-old farm fresh eggs, stabilizer-free homemade ice cream bases, and splendid ingredients like California's Lagier Ranch almonds, berries from Remlinger Farms in Carnation, Washington, or 61 percent Guittard chocolate. ➤

Today's ice creams are going where no flavors have gone before. Coconut/shiso/strawberry nestles in a coconut shell; a scoop of saffron/ honey ice cream tops a miniature cone. Photos by Shimon & Tammar. Styled by Brian Preston-Campbell.



PRINCIPLES OF VISUAL HIERARCHY

He's rarely photographed,
hates being quoted,
and has intimidating access to power.
He also might be the most important
person at Goldman Sachs

(Passat... He's down
here)

Meet John F.W. Rogers
By William D. Cohan



POWER OF WHITE SPACE

PRINCIPLES OF VISUAL HIERARCHY



NEGATIVE SPACE

PRINCIPLES OF VISUAL HIERARCHY

Main Story

GOD MADE

Consensual Age

In March 2019, three Court of Appeal judges proposed that the age for consensual sex (an age that is deemed legally competent to consent to sexual activity) be reduced from 18 years to 16 years for girls. They reasoned that lowering sex consent age is long overdue as men are languishing in jail for sleeping with teens “who were willing to be and appeared to be adults”. They reasoned that the teen “may not have reached the age of maturity but they may well have reached the age of discretion and are able to make intelligent and informed decisions about their lives and bodies”.

Not the first time

This is not the first time this debate has been raised. In 2016, the Kenyan Parliament set to introduce an amendment to the Sexual Offences Act through the Statute Law (Miscellaneous Amendment Bill) 2016 to lower the age of consensual sex from 18 to 16 years. There are other countries whose consensual age is lower than 16. Take for instance our brothers in Nigeria who have the lowest consensual age in the world at only 11. Eleven! A child that is 11 years old can legally consent to engage in sexual activity in Nigeria while Bahrain has the highest age of consent in the world, at 21.

We make too little of sex

This debate is happening at a time when teen pregnancy issues are also on debate. The questions we want to ask ourselves is what is the real deal about all these issues? Is it about how young children are engaging in sex? Is it about consent or lack of it? Is teen pregnancies the big issue? We dare not say a resounding NO! The real issue is that we do not see sex as we should with the lens of the scripture. We appear to make a big deal of sex BUT the opposite is actually true. We make TOO LITTLE of sex. We cheapen it, we put is sordid debates that it ought not to be put into. We think that as long we can consent, we can have sex, with anyone at any time the way we want it. We have forsaken the Creator of sex and so we do not know why He made it and how to have it. In this article, we go back to the basics. We ask ourselves most basic questions about sex, the whats, the whys, the whens, the hows and we consult the Creator and get His mind about it.

God made Sex.

First things first! When you want to know how to use your latest smartphone and use it well, you do not consult a radio manufacturer, you read the manual that came with the phone. So, when we want to know all about sex, we go to the ‘Manufacturer.’ When God made man, he made them male and female; otherwise called man and woman. “Then God said,

“Let Us make man in Our image, according to Our likeness...So God created man in His own image; He created him in the image of God; He created them male and female. (Genesis 1:26-27, Holman Christian Standard Bible, HCSB). Sex is NOT the creation of man, neither does man have the permission to do whatever they want to do with it. Since God made sex, there are a few things that sex is, just because God made it. Let us explore them:

SEX IS...

SEX IS GOOD...

It is difficult to talk about the goodness of sex in today's world because of how perverted it is. However, that does not mean we walk away from its original nature. Sex is good because He who

We appear to make a big deal of sex BUT the opposite is actually true. We make TOO LITTLE of sex. We cheapen it!

created it is good and like all other things that He created; it is good. Ben Patterson puts it this way: “With all of this sexual obsession, one is tempted to downplay the pleasures and goodness of sex—to say they are overrated. *But that might be the devil's will as much as the obsession itself.*” Amidst the sordid perspectives that our culture may create, we must swim against it and see what really sex in its purity is, it is good.

1st First **Life**

September/October 2013

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entertainment
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THE
FASHION
ISSUE





WORDS BY SARAH BRACKING
ILLUSTRATIONS BY MATT TAYLOR

DATA FOR CHANGE

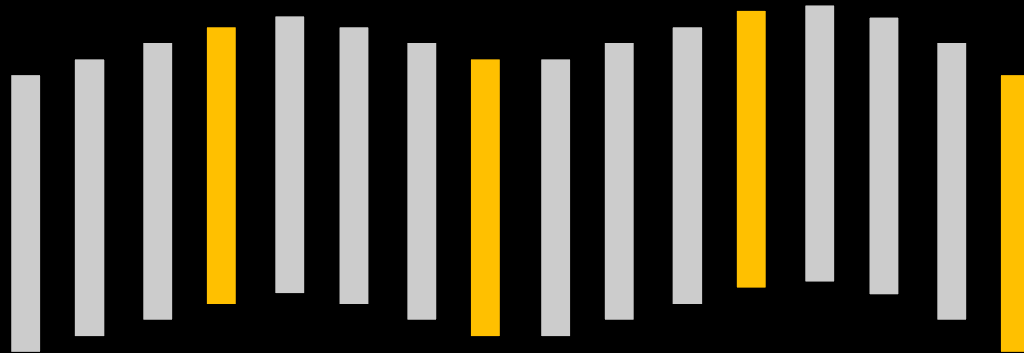
CAN YOU DO BUSINESS WHILE DOING GOOD? THE ANSWER IS YES, BUT ONLY IF YOU FOCUS ON THE DATA THAT MATTERS.

Investing in the developing world is back at the top of the business agenda. And it's about time, too. Emerging markets, including the burgeoning opportunities presented by some African states, are leading an upsurge in interest from the private sector. For example, in some African countries a 10% per cent rise in foreign direct investment (FDI) is a percentage of gross fixed capital formation. As a whole in 2010, developing and transition economies attracted half of global FDI inflows, "leading the FDI recovery" according to the Global Finance Conference on Trade and Development (GFCFTD).

Opportunities like this are not only profitable and potentially lucrative when carried out responsibly they can also act as a catalyst for transformation. Socially responsible investment won't just lead to private gain – they have the potential to shape the world.

But the power to effect change is a double-edged sword: poor investments, irresponsibly made, will have just as wide an impact – only this time it won't be for the greater good. When the rigging of investment goes beyond private borders, questions of risk and the potential for loss or gain become a global affair. Lines are just not between firms, are politicians at state.

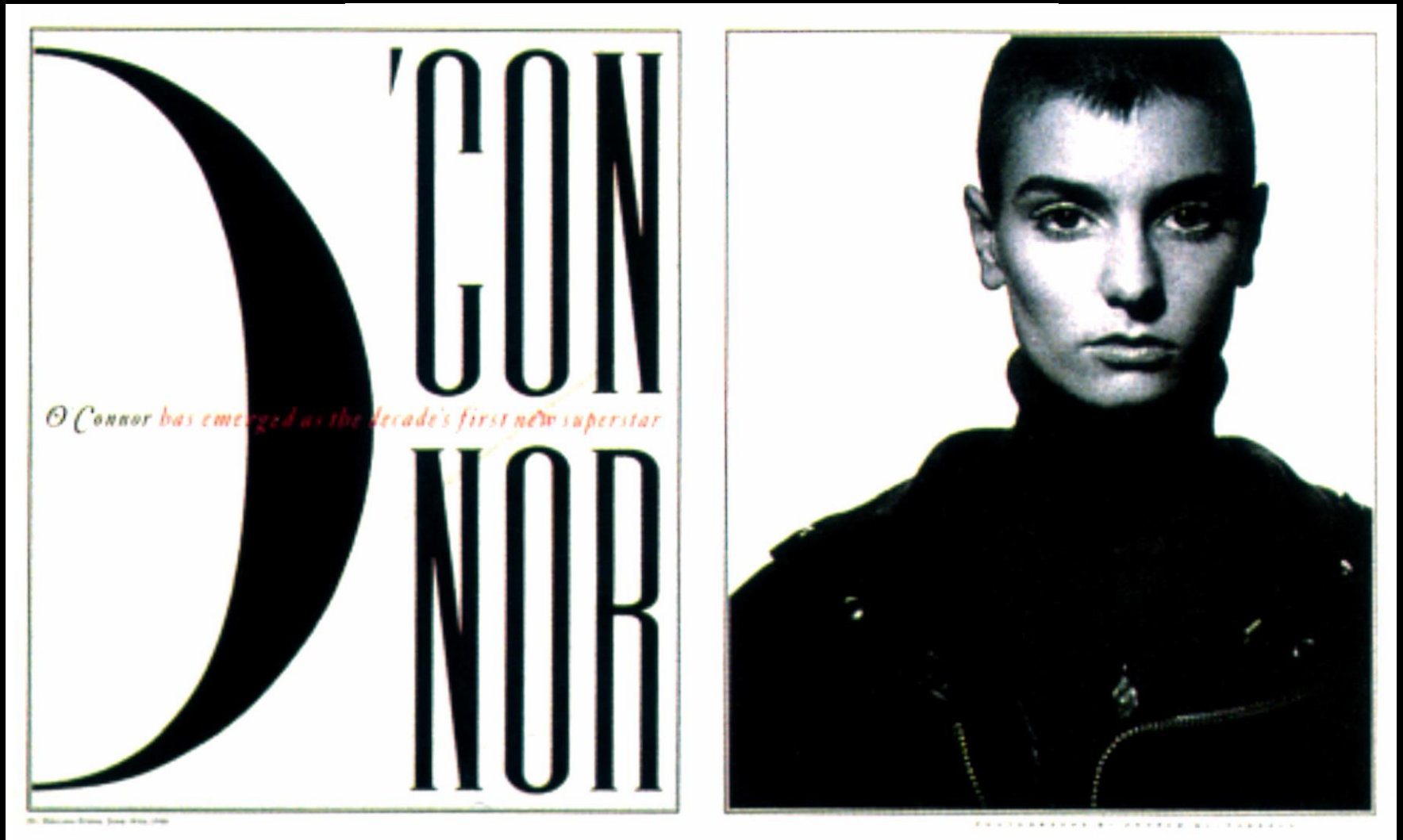
RYTHM, REPETITION AND MOVEMENT



PRINCIPLES OF VISUAL HIERARCHY



PRINCIPLES OF VISUAL HIERARCHY



PRINCIPLES OF VISUAL HIERARCHY

Pastor Pablo

Dear Pasta Pablo
I have enjoyed reading your magazines over the years since I came to High School. The last issue was particularly a very difficult one to read. I agreed with truths that you shared about our bloodlines coming under the Bloodline of Christ because Christ brought down the walls of hostility. However, it is easier to read those truths and agree with them in the heart but very difficult to implement. My family is a victim of Post-Election Violence. We live in a different town today from the one we lived in about ten years ago. Our property was burned down completely and my parents had to begin from zero all over again. As much I know that God requires me to forgive my offenders, I simply cannot when I remember that those 'enemies' were my neighbours for years. I desire to move on, any practical help will be appreciated.

Joan

Dear Joan,
I read your letter with a lot of pain in my heart. You represent so many students who have gone through your kind of pain, pain that would be avoided, pain that you did not have to go through. Your struggle to forgive is real and normal. It is easier to forgive people you have not met or known before, but it gets more difficult to forgive those whom you knew, people who were your friends for years. I feel your pain, God feels your pain.

I am glad that you agreed with the truths that we shared in our last issue of Timazi Healing from our Tribal Brokenness. We shared those truths carefully with full knowledge that students like you would be reading the magazine. We shared with love to extend the healing of God to as many students like you. We shared because we are convinced that the answer to

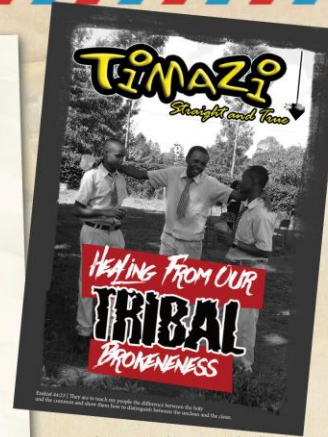
our tribal brokenness is not political or even compensation but Jesus and His atoning sacrifice. I will only resound the truths here yet again and pray that God will lead you to a healing path that may take a while, possibly years but we are confident that you will get there.

Acknowledge your pain

The first step is definitely acknowledging your pain. Hiding or even denying pain is not a solution for healing. Acknowledging that you are hurt and in need of help is the first step towards healing that every hurt person must do. This you have done and is very commendable.

Agree with God's word

The second step is to agree with the truth of the Word of God. I am glad that you agree with truths we shared in our last issue. Like John Piper resounds in his book *Bloodlines*, we have no other solution except seeing ourselves as



other hand was owed so little that the King could not believe when he heard the story.

Since it is very difficult to forgive someone who caused you so much pain, the only good reason is to forgive them because you were forgiven much. We can try to give many other reasons, but they cannot defeat this particular one.

We must acknowledge that those who belong to Christ are those whom He has redeemed and not those of a particular race or tribe.

one lost people in need of a savior and seeing everyone as Christ requires us to see – wonderful creation made in God's image. We must acknowledge that those who belong to Christ are those whom He has redeemed and not those of a particular race or tribe. The new family of God is of those who acknowledge their sin and their helplessness to save themselves from that bondage. Once we all see ourselves like that, we will not in any way look at some people as less superior or think of ourselves better than them.

Forgive because you were forgiven

For you who was the offended party, I will remind you of the parable that Jesus gave of the unforgiving servant. You can read this story in Matthew 18:21-35. In this parable Jesus seems to communicate that we forgive people because we have been forgiven. The servant had all the right to be angry because someone owed him money. The comparison of the debt was what was interesting. He had been forgiven so much that he would never have paid even if the King sold him. He on the

Do not get bitter

Unforgiveness yields bitter hearts which defiles a Christian heart. There is so much that people who hold offense suffer from. Experts have proved over the years that even some physical ailments may be associated with a prolonged bitter heart.

Seek Guidance

The other thing that you need to do is to walk closely with an older Christian like your CU patron, youth pastor, your parents or anyone else who is mature in their faith and can be a good guide in your healing journey.

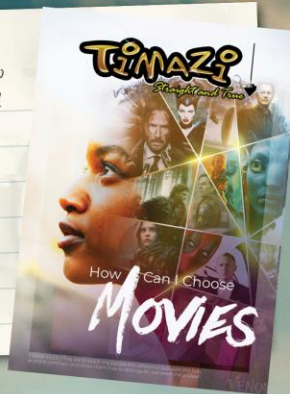
I encourage you to continue on this journey by faith that God will certainly heal you and you will soon be out of the pain. Remember that this may take longer than you expect. May the Lord be with you! We are praying for you and for as many young people in your pain.

Pablo

PRINCIPLES OF VISUAL HIERARCHY

Screen Check

Dear Pasta Pablo,
I really enjoyed reading the last issue of Timazi on 'How Can I Choose Movies.' I have over the years felt confused over what to watch as a Christian. May the Lord bless you the team that put together the articles. Now Black Panther is one movie that I really would love to watch. Most of my Christian friends if not all have watched it. I have reservations because of previous secular movies that I have watched and later regretted. What is your take on it?
-MN



Dear M.N,

Thank you for your question. We are always happy to hear that God is ministering to you through Timazi. We pray we remain faithful to the end.

Wakanda forever! It's a movie that has taken the whole world by storm. The title speaks for itself. It's a movie by the black and for the black. Black Panther certainly emblems the essence of our African cultural roots from an intriguing point of view. It highlights the hidden resources, the beauty of unity, intelligence, wealth, spiritual history and prosperity of Africa. The movie speaks intentionally of the past, present and future of African heritage, indicating the glorious possibilities of an advanced black race with powerful resources due to a result of being untouched and untainted. It brings an aura of relief by bringing out black advancement and growth instead of on focusing on the suffering of the black people and white supremacy. In a sense, it gives the black people some pride to be black. While it still rides on the cry of Africans to be set free of colonialism, it does this in a way that doesn't make the African the victim.

Generally, being a generation that is a great consumer of entertainment and

media we, as is often the case fail to always interrogate what we consume. We presume that entertainment is just that; not meant to have any impact on us. However, as Rebecca Ng'ang'a is used to saying, the strongest beliefs are those that come unconsciously. We mustn't lose sight of the fact that there are ideas that are being peddled to us which we must be alive to. The scriptures invite us to live as wise men while understanding the times we live in. The invitation here at Timazi is for the student to be a modern-day Berean i.e. To always investigate everything they receive on the basis of scripture.

So, then, what are we to make of the Blank Panther. To begin with, we have to commend it for lacking the sexual and suggestive scenes that have become common in all kinds of entertainment. I see it as a breath of fresh air when producers don't have to run to sex to compensate for their sheer lack of a story. The movie also demonstrates the long threading effect of the sin of one-man T'Chaka (perhaps and his brother) and how that has affected a whole community. This might very well be a reminder to us that decisions always carry with their consequences. Josiah in **2Chronicles 34:17** -after reading the contents of the book of the law that was

MARVEL
BLACK PANTHER

lost- lamented that great was to be the wrath of God on them because of the sin of their fathers

In addition, it signifies the danger of inequality and greed. We must not lose sight of how wealth and blessings can be an idol. For the people of Wakanda, losing Vibranium was like losing their lives. Most wanted to hoard it and make themselves superior. Notice though, that this kind of thinking will only lead to chaos and not harmony in the universe. Aren't most of us studying so that we can set ourselves apart from our peers? What idols have usurped the place of God in your life? Politics? Money? A specific cause? Beware of building your life on a foundation of sand (**Matthew 7:24-27**). As the movie comes to a close, it seems that the Wakandans seem to grasp that wealth is for sharing not just personal consumption. T'Challa opening up Wakanda to the rest of the world. The gospel of God is about sharing the blessing we have with others

We presume that entertainment is just that; not meant to have any impact on us. However, the strongest beliefs are those that come unconsciously.

PRINCIPLES OF VISUAL HIERARCHY

Pablo

Pornography affected my mind such that I saw girls as objects of pleasure. It fanned the desire to have sex.

The Trap

My name is W. O. and I am 19 years old. When I completed primary school, I found myself like many others, largely idle and not having much to do at home. It was on one of those days that I happened to flip through a smartphone that my brother had just used. On opening the browser history, I was confronted by various pornographic sites and my conclusion was that he had recently watched those videos.

My secret Struggle with Pornography

Completely Hooked

The urge to check out these sites was very strong and within no time I found myself watching the videos, marking the start of an addiction. I got into the trend of buying phone airtime and hiding myself to indulge my interest. Thereafter I joined secondary school and in my first weekend challenge, I made the decision to be born again. I, however, was too ashamed of my experience with pornography that I could not confide in anyone. This turned out to be a mistake and I found myself falling into the temptation of watching the same videos when I got an opportunity.

This struggle continued throughout my secondary school years. Outwardly I was known to be saved, humble and innocent. Inwardly, however, the story was different. I carried the guilt of hypocrisy and a realisation that God hates hypocrisy. Despite my best efforts to break free of this habit, I could never get the breakthrough and this addiction followed me even after completing secondary school.

Unyielding efforts

The negative effects on my life were many. Pornography affected my mind such that I saw girls as objects of pleasure. It fanned the desire to have sex. I remember befriending one particular girl in my neighbourhood and pressuring her towards that end. I can only say that it's through God's mercy that my efforts were thwarted.

I had every desire to live a life pleasing to God and would find myself pleading for forgiveness every time I succumbed to the temptation. I felt that I was living a lie before people who knew me as a Christian while struggling with this secret sin. One of my uncles knew and admired me as someone who loved the Lord. He knew that I was the kind of person who could not miss any opportunity to attend church services or fellowship and he would regularly bring me copies of the *Timazi* magazine.

Finally Free!

I will never forget 23rd May 2019 when this uncle of mine came with one of his friends for a visit. He brought me Issue Number 31 of *Timazi* entitled "God made Sex". As I read the issue, I could not help but burst into tears. I was convicted and saw clearly that I had been deceiving others and myself. I realised that the missing step to my breakthrough was confession to a fellow believer. It is important not only to confess to God but also to a fellow believer.

On reading through the magazine, I confessed my sin to God, asked for His forgiveness and confessed also to my uncle. I now write this story of my struggle with sexual sin, with the hope that it will impact other teenagers reading it and going through the same struggle to confess to a fellow believer.

Staying On

I wasted many years, in a lifestyle that was not pleasing to God. I have battled with discouragement as I fought the addiction to pornography. I have lived with feeling of guilt, condemnation and alienation due to the secret I have carried over the years. I can now say that I have made a turn and I am depending on God's grace to keep me from falling back into the bondage. I have experienced God's forgiveness and the peace that comes from knowing I am unconditionally loved. I have been praying with my uncle and keeping myself accountable to him so that I can be strengthened for total victory. I thank the *Timazi* team for the magazine Issue 31 through which my life was transformed.





SUICIDE

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IDENTIFYING A DEPRESSED YOUNG PERSON

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© PHOTOFEST.COM



It's not just the color of the buildings that makes them so interesting. It's the way they are built. The buildings are made of a special material that is very strong and can withstand a lot of damage. This is why they are so popular in the area. They are also very beautiful and add a lot of character to the town. The buildings are a mix of different styles and colors, and they all look like they belong together. It's a really nice sight to see. The buildings are a great example of how to combine different styles and colors to create something that is both functional and beautiful. They are a real asset to the town and a source of pride for the people who live there. The buildings are a great example of how to combine different styles and colors to create something that is both functional and beautiful. They are a real asset to the town and a source of pride for the people who live there.

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How to bring a new dimension to your cooking this summer.

Summer is the perfect time to experiment with new ingredients and techniques. Try using fresh herbs like basil, dill, and cilantro to add a pop of flavor to your dishes. You can also try using different types of oils, like olive oil or avocado oil, to change the texture and taste of your food. Another great way to bring a new dimension to your cooking is by using different types of proteins, like tofu or tempeh, to add variety to your meals. Don't be afraid to try new things and see what you like. Summer is the perfect time to experiment with new ingredients and techniques. Try using fresh herbs like basil, dill, and cilantro to add a pop of flavor to your dishes. You can also try using different types of oils, like olive oil or avocado oil, to change the texture and taste of your food. Another great way to bring a new dimension to your cooking is by using different types of proteins, like tofu or tempeh, to add variety to your meals. Don't be afraid to try new things and see what you like.

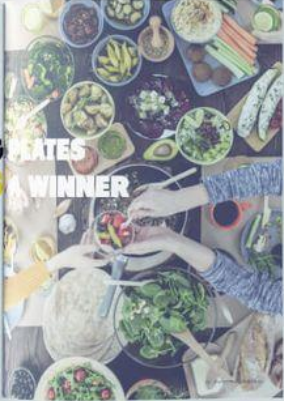
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Big sharing is always a winner. It's a great way to bring people together and share your favorite recipes. You can make a big batch of a dish and serve it to a group of friends or family. This is a great way to try out new recipes and get feedback from others. You can also share your recipes online or in a cookbook. Big sharing is always a winner. It's a great way to bring people together and share your favorite recipes. You can make a big batch of a dish and serve it to a group of friends or family. This is a great way to try out new recipes and get feedback from others. You can also share your recipes online or in a cookbook.

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THE “WAR” ON RELIGION

A CLOSER LOOK AT
WHAT AMERICA
REALLY THINKS ABOUT
CHRISTIANS. (YOU’LL
BE SURPRISED.)

BY HANLEY WRIGHT

IN
most years,
Christians
have become
increasingly
associated
with a certain
popular name.

It goes something like this: Non-Christians hate us. They hate us because we are hypocritical jerks. We need to be more like Jesus at the world like us today.

The growing negative perception, many churches and leaders believe, is the result of Christians not living out the Gospel. Believers have been behaving “non-Christian,” so non-Christians now see them as nothing more than judgmental and hypocritical. That perception, in turn, impedes the mission of the Church. After all, who wants to listen to judgmental hypocrisy?

And so the story goes: that Christians need to do their best to change public perception by acting like better Christians.

It sounds very holy, doesn't it? After all, how can anything that calls for Christians to better live out their faith be a bad thing? And all of that might be the case... if the narrative was true. Or helpful.

Unfortunately, the narrative is neither true nor helpful.

SHOULD CHRISTIANS CARE?

Let's start with a basic question: Should Christians even care what others think of them? Scripture doesn't promise Christians will be popular if they live out the Kingdom of God, in fact, the opposite might be true—it can prompt persecution. Obviously this isn't a license for acting like a jerk, because persecution is only laudable when it happens because of righteousness (Matthew 5:10), not from being unlovable. Still, there's no scriptural basis for linking authentic Christianity with high public approval ratings.

Also, when anti-Christian sentiment does exist, it's usually based on stereotypes and not on an objective assessment of beliefs and actions. Stereotypes, by definition, are inaccurate to a degree, and they persist in the face of countering evidence. So, if every single Christian was suddenly to become a perfect Christian (behavior that would look like some people would still have negative views of Christians).

WHAT DO THEY REALLY THINK?

Let's look at some data to find out what people really think of Christians. A 2006 Gallup poll asked Americans how they felt about different religious groups, and the groups that elicited the most negative reactions were non-Christians. About half of Americans have negative views toward Scientologists and atheists, and about 40 percent have negative views toward Muslims. When it comes to Christians, attitudes vary widely depending on which label is used. About a quarter of Americans have negative views toward evangelical and fundamentalist Christians, 10 percent toward Catholics and Baptists and only about 5 percent toward Methodists.

ON AVERAGE, AMERICANS' ATTITUDES TOWARD EVANGELICALS AREN'T THAT BAD—FOR EVERY AMERICAN WHO HAS A NEGATIVE VIEW, ABOUT THREE HAVE NEUTRAL OR POSITIVE VIEWS.

There's clearly a disconnect: Americans think more negatively of evangelical Christians than they do Baptists, yet more Baptists are evangelicals. For whatever reason, the term “evangelical” has become stigmatized, eliciting more negative reactions than other labels of the same group of people. (The easiest way to improve ratings of Christians would likely be to use different language in survey questions, asking about specific denominations, “non-denominational” Christians or even “born again” Christians.) Undoubtedly, there is regional variation in attitudes toward evangelical Christians, with attitudes being more or less positive depending on where you live. Nonetheless, on average, Americans' attitudes toward evangelicals aren't that bad—for every American who has a negative view, about three have neutral or positive views.

Of course, most Americans (about two-thirds) identify as Christians themselves, so let's look at data from just non-Christians. In a nationwide survey conducted in the 1990s by the Pew Foundation, about two-thirds of non-Christians had an overall unfavorable opinion of evangelical Christians. However, when Pew

asked the question again in the 2000s, only about 10 to 40 percent of non-Christians had an unfavorable opinion. This lower level has remained stable for the last decade, in contrast to popular misconception, non-Christian attitudes toward evangelicals have gotten more—not less—positive over time.

There's no definitive explanation for this change in non-Christians' attitudes. Perhaps it is linked to the changing nature of evangelicals' involvement in politics. In every election cycle, there is plenty of talk about evangelical Christians and politics. This year, for example, pollsters are examining how much evangelicals will support the candidacy of Mitt Romney, who is a Mormon.

In the 1980s and '90s, however, Jerry Falwell and other well-known evangelical leaders explicitly aligned themselves with the Republican Party—coming close to equating

being Christian with supporting a particular political party, which turned off many people. In contrast, the best-known evangelicals of today, such as Rick Warren and Bill Hybels, are less politically partisan. For example, in the 2008 presidential election, Rick Warren invited both Senator McCain and President Obama to speak at his church.

Another common assumption is that young people, relative to the old, have a much more negative attitude toward Christians. If true, this is bad news for Christianity, because

Two problems

1. Ordering your graphic space
2. Finding the right image to reinforce the message

How to choose an image

1. Meaning



**This means that
maleness and
femaleness are
reflections of who
God is.**

is defined on the basis of comfort, we make maleness and femaleness arbitrary. If being a man or woman is determined by someone's mind or will, it means that there is no such thing as true maleness or femaleness. Both become just a construct based on cultural stereotypes. We would be unable to tell a young boy that he is really a boy. We would be unable to tell a young girl that her father's unique responses to her as a father is anything objective or real (got questions.org).

More than culture

This I submit has really been part of the problem. Majorly because, when the gender distinctions are purely cultural, we end up with just a bunch of stereotypes that seemingly oppress one gender to the advantage of the other. For example, in the past, gender roles were biased towards the men with women being the oppressed. Today, culture is slowly changing and men are now becoming the oppressed. In essence, male chauvinism gave rise to feminism both of which are completely against what the Bible teaches. Culture

as you can see only serves to give us either of two extremes that have no place in the word of God.

God made them male and female

The Bible, on the other hand, begins by reminding us that God has created us in His own image. Genesis 1:27 So God created man in His own image; in the image of God He created him; male and female He created them. This means that maleness and femaleness are reflections of who God is. It also means that God has always envisioned two and only two genders. All other genders are all constructs of men that have no place in the scriptures. It is these two genders that God created to reflect His image with any other form of gender only seeking to discredit God's wisdom. It is this image of God that we should be most concerned about since God has placed us as His image bearers to the world. We must seek to enforce the purity of these genders in society so as to uphold the image that God has bestowed upon us. It is quite clear in most scriptures that God intended both genders remain distinct. For example, in Deuteronomy 22:5, He requires that

both men and women dress differently.

More than mere Physical differences Secondly, when God designed male and female (Genesis 5:2), He created more than mere physical differences. Whenever we feel as if our bodies are foreign or that we would like to identify as the opposite gender, we must be reminded that we are actually faulting God's design over our lives. Men and women were created to fulfill different roles in creation and in our relationship with the Lord and thus distorting those God-assigned roles is in a sense distorting God's image here on earth. Notice too that in all the cases that the violations of God's design of sex and gender are mentioned in the scriptures, they always are mentioned in the negative (Romans 1:18-32; 1 Corinthians 6:9-10).

I really didn't choose to be that way

One may then ask if God created only two genders, why is it that some feel oriented differently from the rest? How can I be accused of faulting God's design if I am just trying to be comfortable in my skin? 'I really didn't choose to be the way I am', one might say. This assertion, however, fails to account for two things. First is that disagreeing with transgenderism does

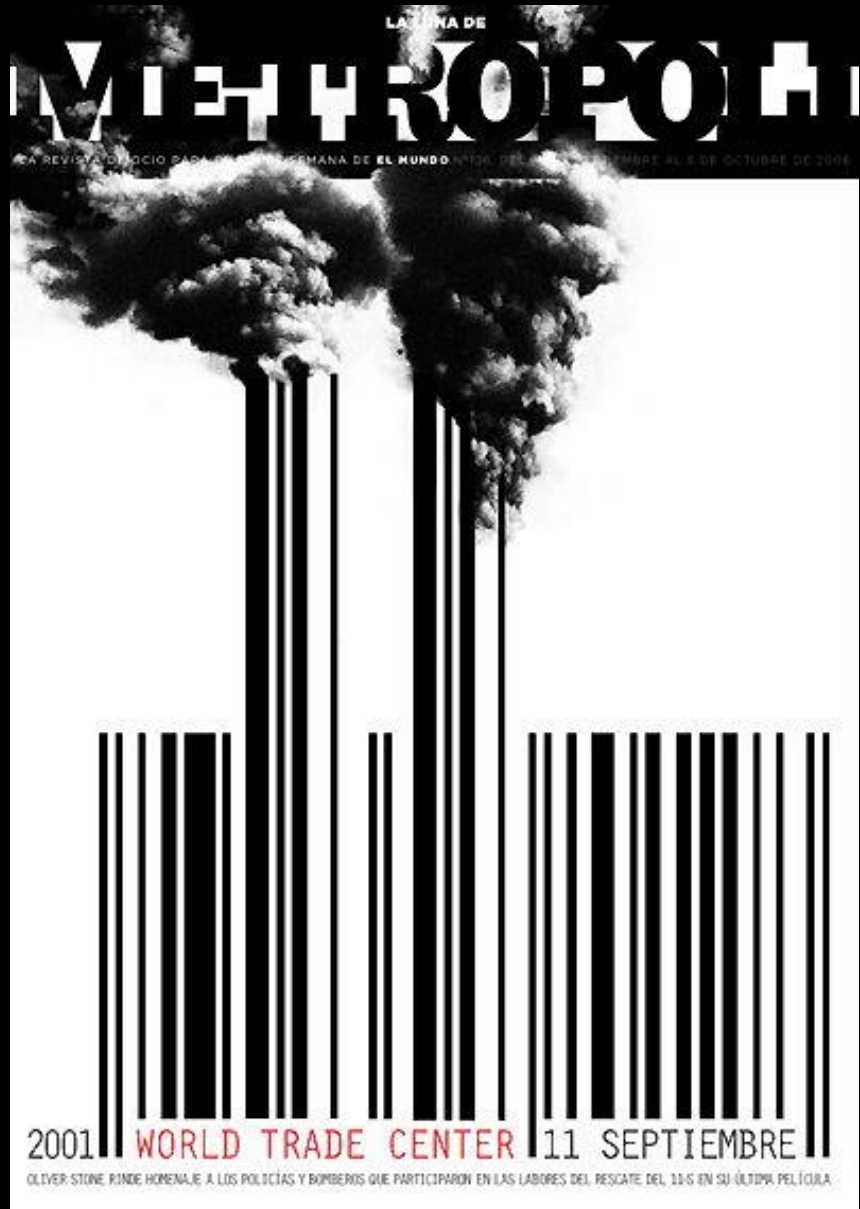
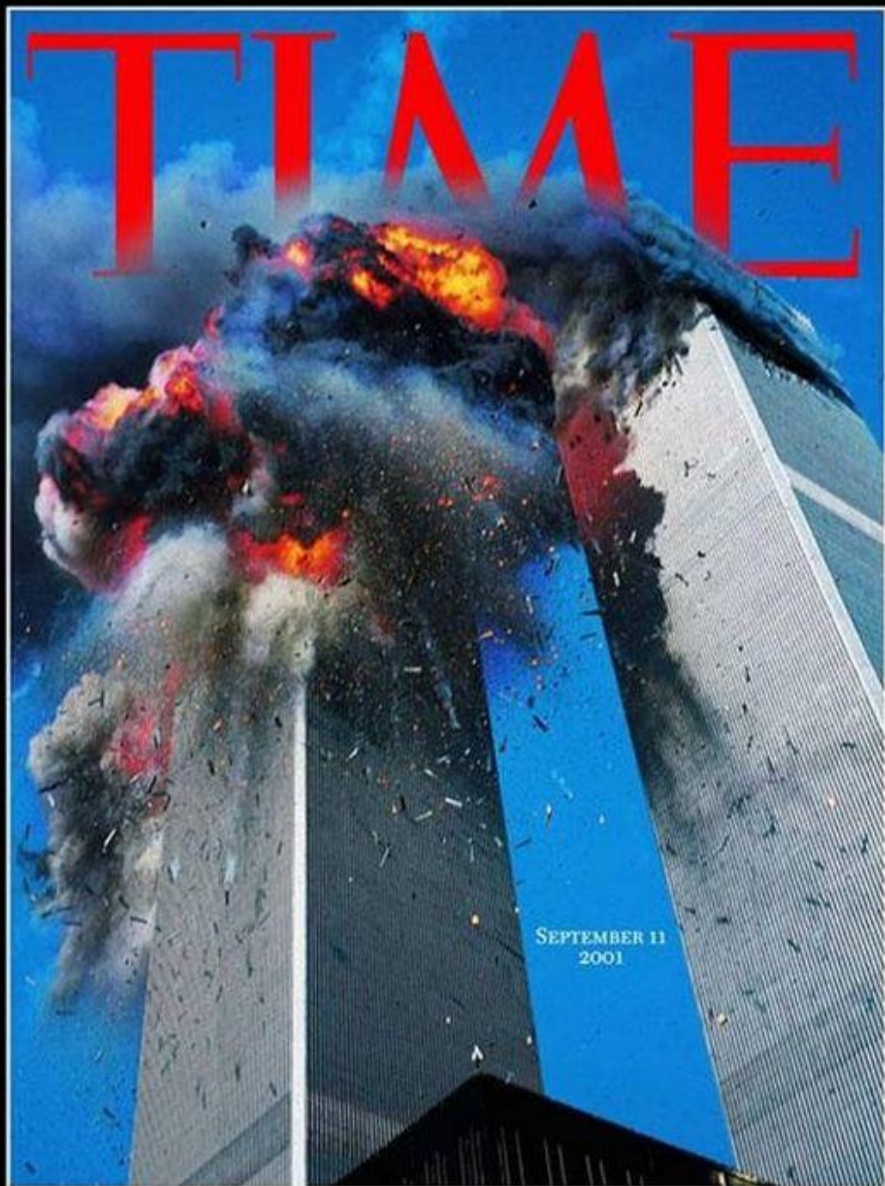
not mean denying the pain of gender dysphoria. We appreciate that some people actually have some biological conditions that could predispose them as otherwise. However, these conditions are quite rare and also the fact that we have such a condition does not warrant us to look over and desire what is ungodly.

It began at the fall

Second is that the confusion attributed to gender can always be linked back to the fall of man in Genesis 3. The fall lies to us that we have no much control over our desires or sin. God while talking to Cain in Genesis 1:6b reminds him that the tendency of sin is to want to rule over you but you must aim to rule over it. This means that God's grace is sufficient. Irrespective of whether gender distortion has a genetic, hormonal, physiological, psychological, or spiritual cause, it can be overcome and healed through faith in Christ and continued reliance on the power of the Holy Spirit.



**All other genders
are all constructs
of men that have
no place in the
scriptures.**



How to choose an image

- Meaning
- 2. Audience engagement
- Space

TIMAZI

Straight and True



The naked truth about godly sexuality and marriage

SEX

GOD MADE

Ezekiel 44:23 | They are to teach my people the difference between the holy and the common and show them how to distinguish between the unclean

How to choose an image

- Meaning
 - Engagement
3. Space

Tracking an Outbreak Public Safety

FALLOUT PROJECTIONS

Stricter Rules Are Adopted After Report With Dire Toll

By SHERI FINK

Sweeping new federal recommendations announced on Monday for Americans to sharply limit their activities appeared to draw on a dire scientific report warning that without action by the government and individuals to slow the spread of coronavirus and prevent new cases, 2.1 million people in the United States could die.

The report, compiled by British researchers, recommended that dramatic restrictions on work, travel, school and social movements be imposed until a vaccine could be made and widely distributed, which the authors said could take 18 months.

The White House guidelines urged Americans to avoid gatherings of more than 10 people. That is more restrictive than the recommendations released on Saturday by the U.S. Centers for Disease Control and Prevention, which said that gatherings should be limited to 50 people.

The White House also recommended that Americans work from home, avoid unnecessary shopping trips and refrain from eating restaurants. Schools and cases have already imposed similar measures, including school closings and business closures. Different steps, intended to slow down transmission by isolating patients and curtailing their contact with them, could cut the projected death toll by half, the report said.

At a news conference with President Trump about what had led to the change in thinking by a White House task force, Dr. Deborah Birx, one of the task force leaders, said new information had come in, but she did not disclose a model developed in Britain.

"What's the biggest impact in the model is social distancing, small groups, not going to large groups," Dr. Birx said. "The most important thing is 100 percent to the household because that stops 70 percent of the disease that stops 90 percent of the disease." Dr. Birx described the guidelines as consistent with those in a recent model developed by an epidemic modeling group at Imperial College London. The study, led by Neil Ferguson, an epidemiology professor at the university, said his group had shared their projections with the White House task force about a week ago and that an early copy of the report was sent over the week-end.

The group has also shared its findings with the Centers for Disease Control and Prevention, said including that eight to nine percent of people in the most vulnerable age groups 65 and older, could be expected to die if infected.

"We don't have a clear cut strategy," Dr. Ferguson said of the recommended measures. "We're going to have to suppress this virus, we're going to have to suppress this virus, we're going to have to suppress this virus, we're going to have to suppress this virus."

The report, authored by 20 members of Imperial College's coronavirus response team, estimated the role of public health measures aimed at reducing contact. "The effectiveness of any intervention in isolation is likely to be limited, requiring multiple interventions to be combined to have a substantial impact on transmission," the authors wrote. Dr. Ferguson said the potential health impacts of the new virus were comparable to those of the devastating 1918 influenza outbreak and with kind of overwhelmed health system capacity in any developed country, including the United States, unless measures to reduce the spread of the virus are taken.

The White House task force did not respond to requests for comment. Officials stressed that the federal government's restrictive new guidelines would be re-evaluated after 15 days, although they hinted that they are likely to be extended.

The study's authors said their research made it clear that people in the United States might be advised to continue with draconian restrictions on their daily lives for far longer than Mr. Trump and the task force indicated on Monday. The authors said that so-called mitigation policies alone — including people suspected of having the virus at home and quarantining their contacts — might reduce the peak demand on the health care system by two-thirds and deaths by half. But that would still result in hundreds of thousands of deaths and a health system "overwhelmed many times over," they said.

Michael D. Shear contributed reporting.

TAKING PRECAUTIONS

Wondering About Social Distancing?

By APOORVA MANDAVILLI

The Centers for Disease Control and Prevention has recommended against any gatherings of 10 or more people over the next eight weeks, in an effort to contain the coronavirus pandemic.

Many public schools, libraries, universities, places of worship, and sporting and cultural institutions have also shut down for at least the next few weeks. These measures are an attempt to reduce distance between people — a key way to slow past pandemics.

Experts have also been urging people to practice voluntary "social distancing." The term has been trending on Twitter, with even President Trump endorsing it.

Silly, people all over the United States have been out in large numbers, to sporting events, suggesting more than a little confusion around what social distancing is and who should be practicing it.

This is deeply worrying. Experts said because those who become only mildly ill — and maybe even those who never even know they are infected — can spread the virus through the population. They emphasized that it's important for everyone to practice social distancing, not just those considered to be at high risk or who are seriously ill.

"There are not normal times, this is not a drill," said Dr. Anissa Marrazzo, director of infectious diseases at the University of Alabama in Birmingham. "We have never been through anything like this before."

We asked experts for practical guidance.

What is social distancing?
Put simply, the idea is to maintain a distance between you and other people — in this case, at least six feet.

This also means minimizing contact with people. Avoid public transportation whenever possible. Limit nonessential travel, work from home and skip social gatherings — and definitely do not go to crowded bars and sporting arenas.

"Every single reduction in the number of contacts you have per day — relatives, friends, co-workers, in school will have a significant impact on the ability of the virus to spread in the community," said Dr. Steven Cauchemez, chair of population health sciences at the Centers for Disease Control and Prevention. "This strategy saved thousands of lives both during the Spanish flu pandemic at 1918 and, more recently, in Mexico City during the 2009 flu pandemic."

My young and don't have any risk factors. Can I continue to social?
Please don't. There is no question that older people and those with underlying health conditions are most vulnerable to the virus, but you can't see by no means immune.

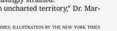
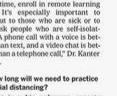
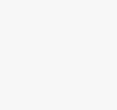
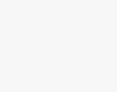
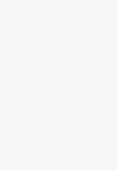
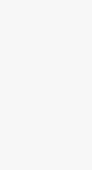
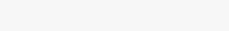
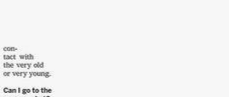
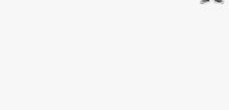
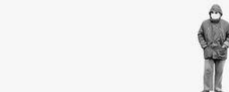
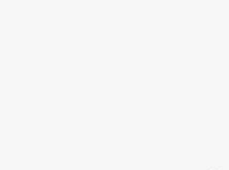
And there is a greater public health imperative. Even people who show only mild symptoms can still pass the virus to many others — particularly in the early course of the illness, before they even realize they are sick. So you might keep the virus out of your home, but you could infect other or high-risk relatives. You may also contribute to the number of people infected, causing the pandemic to grow faster and overwhelm the health care system.

Can I have my hair cut?
If you ignore the guidance on social distancing, you will eventually put yourself and everyone else at much higher risk. Experts acknowledged that social distancing is tough, especially for young people who are used to gathering in groups. But even cutting down the number of gatherings, and the number of people in any group, will help.

Can I leave my house?
Absolutely. This experts were unanimous in their answer to this question. It's O.K. to go outdoors for a walk or to work, for example. The point is not to remain indoors, but to avoid being in close contact with people.

You may also need to leave the house for medicines or other essential reasons. But there are things you can do to keep yourself and others safe during and after these excursions.

When you do leave your home, wear down any surfaces you come into contact with, sanitize your hands with an alcohol-based sanitizer and avoid touching your face. Above all, frequently wash your hands — especially whenever you come in from outside, before you eat or before you're in



home.

If they seem healthy

and desperately

need to burn energy

outdoor activities such as

hike runs are generally OK.

But "people, especially in higher-

risk areas, may want to limit even

trips to high-traffic public areas like the

playground," said Dr. Nisha Chaudhary,

a psychiatrist at Harvard Medical School.

Kids also need to touch their mouths,

noses and faces constantly, so parks or

playgrounds with few kids and few con-

taminated surfaces are ideal. Take hand

sanitizer with you and clean any surfaces

with disinfecting wipes before you play.

Serious illness from this virus is kids is

rare, so kids themselves might be safe.

"This doesn't mean they can't come home

and give a ride to Grandma," said Dr. Marrazzo.

So kids should wash their hands often,

especially before they come into contact

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The New York Times Magazine
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A TRIBE CALLED QUEST

LEONARDO CHEN

GÉRILE MALLOPIN-SALVANT
JAMES McMURTRY

COLE

CHARLES BRADLEY
PENITRITONIX

SHIRLEY CAESAR
FRANK OCEAN

KINGS

THE ROOTS

KANYE WEST

MICA LEVI & OLIVER COATES

LIL YACHTY

MISSE ELLIOTT

KILLER MIC

ARIANA GRANDE

MIGOS

RUFUS WAINWRIGHT
CHURCH OF MISERY

YOUNG MA

LADY GAGA

SONGS
THAT TELL
US WHERE
MUSIC
IS GOING



No regrets: Sacrifices made to serve the students

Testimony of Mr Sammy Njenga, Upper Hill Girls School, Nakuru

Born again

I got saved in 1991 as a first-year student at Maseno University. I immediately joined the Christian Union (CU), where I was taught to pray, study the Bible, and the importance of fellowship. I was exposed to ministry by joining the mature brethren serving in the neighbouring schools.

An eventful teaching practice

I was posted to Sironka Girls School in Nyamira, which turned out to be an eye-opening experience. At the time, there was no CU or Christian teacher. When I realised there was no one to fellowship with, I took a step of faith and began a CU with a group of three born-again girls. I organised for them to meet during 'clubs' time.

The numbers to the meetings rose, week after week, to 30, then 40, with 84 girls born again by the end of that short three-month period. I also convened a rally attended by two other schools – without any support from the school. By the time I left, there was a vibrant CU.

Commissioned

Upon return to college and as graduation drew near, the CU Patron called together all the education students and asked those willing to be CU patrons to raise their hands. I was among the first to respond to this call. He prayed and commissioned us, "Go and become a CU patron wherever you will be are posted."

My first posting was in a remote area where I experienced great loneliness, but I

persevered. Providentially, I met Kenya Students Christian Fellowship (KSCF), who influenced and trained me to do high school ministry. Together, we combed the entire district, braving the untarmacked roads to reach every school for Christ.

Never wait to be appointed

When I moved to my next posting, I took up the role of CU patron. I have done this in every school where I have taught since. I have never waited to be appointed as patron; all I do is join the students and introduce myself as a CU member. When I was transferred to my current school, I found the CU had been dormant, and within a short time, the existing patron and the school principal requested me to take over.

My encouragement to Christian teachers is, "Never wait to be introduced or appointed. Just go and introduce yourself as a Christian teacher!" John Ng'ang'a, a renowned preacher, told us, "A Christian teacher is a missionary to a school but paid by the Teachers Service Commission (TSC)." I have therefore resolved to go to the schools where I am posted as a teacher and as a missionary.

As Jesus was moved with compassion when he saw the crowds, whom he saw as sheep without a shepherd, I am also moved when I see [students in] school uniforms. I long to teach and impact them as much as I can because time is limited, and thus my motto is "inspire before you expire."

Sacrifices made

I have missed out on fully paid trips to the coast plus allowances so as to join students in the KSCF camps because "I don't live for

myself." The student camps are hardly luxurious.

"How much are you paid when you attend the camps or go on preaching missions?" The answer is nothing; on the contrary, I end up incurring expenses when I sponsor students to the camps. Rather than receive a 'fat' envelope after ministering to students, I have on occasion paid fees, bought school uniforms and books for needy students, and other expenses. Like David, I want to serve God's purpose in my generation (Acts 13:36).

It's said that there is no money in the teaching profession, but my testimony is different. I own the house I live in and the car I drive, all paid for from my salary. I have trusted in God and learnt that godliness with contentment is great gain. I resigned from national examiner duties as exams are marked during the December holidays, which coincides with KSCF camps. This meant saying no to a significant income.

I declined ordination in my local church due to my commitment to CU work. I could not leave the over 500 students I was serving. I only became a pastor when my current posting in a day school allowed for it.

No regrets

I do not regret the 25 years of serving God; as a CU patron and a Christian teacher. I have not lost anything. I rejected the popular "teach and go home" method and determined I would stay on in school after hours to attend CU meetings and impact the lives of the students.

TO BORROW OR TO OWN BOOKS

Martin Karanja

Martin Karanja is the Chairman of the Kenya Students Christian Fellowship (KSCF), a national movement of Christian students in high schools in Kenya. He previously served as the General Secretary of FOCUS (Fellowship of Christian Unions) a movement of Christian Unions in Universities and Colleges. Martin who has consistently been involved with and demonstrated his love for young people over the years runs a book publishing company. He previously operated bookstores in Nairobi and thus has an outstanding relationship with books and a story worth hearing.

Timazi: Tell us a bit about your journey with books.

Martin: I loved books as early as when I was in primary school and read all the common children's books such as Famous Five and Secret Seven. This interest continued when I went to secondary school and was channelled towards Christian books when I became a Christian. At the University, I met the Living Bibles Store, now Biblica, who provided a source of good reads. In 1984, they appointed me as a Book Agent in the University which entailed receiving books and selling them to the Christian Union members. I have many happy memories of this amazing opportunity. This experience would later influence my decision to sell Christian literature in the East Africa region, operate bookshops in Nairobi and later start the publishing house that I run today.



Timazi: Any life-changing book besides the Bible?

Martin: In the year 2002 while attending the Christian Book Sellers Association meeting in Anaheim, California, USA, I was invited to a luncheon hosted for international guests. The speaker was the renowned Author and Speaker John Maxwell. He gave each of us a copy of his latest book then, *My Roadmap for Success* which he said was a summary of all the books he had written. I extended my stay in the US for an extra week to deeply study that book. It challenged me greatly on the importance of purpose and how to live a purposeful life. It was then that I decided to spend the rest of my life and resources serving God.

Timazi: What drove you to want to have people own books?

Martin: As I have already said, books have had a great impact on me over the years and good books become part of my testimony. I recall reading a book called '18' which was the story of a young girl who was passionate about sharing her faith and led her friends to Christ. The girl would unfortunately later have an accident and die, and the book would be written by her mother. This wonderful book, unfortunately, got lost when I lent it to someone in 1978. I decided to keep my books carefully and only lend when I have to. I rather encourage those who borrow to buy their copy.

Timazi: How many do you have yourself?

My library has had about 500 volumes. I have in the past five years gifted out a big number leaving me with about 200 volumes that I keep in the safe custody of my bedroom.

Timazi: Do you budget for books?

I presently do not need to budget since as a publisher I receive many books free of charge. Sometimes when browsing in a bookshop, I will come across a good book that I can't put down which I will buy. I also take note of any books quoted in magazines, newspapers or by speakers, which I hunt down and acquire.

Timazi: How can a young person start and grow their library?

The best library is of books one has read, then you and the library become a resource. If a young person can commit to read two books in a month and store them, in 5 years they will not just have a 120-book library, but the knowledge they will have will instantly put them in leadership positions and whenever they speak, gems of wisdom will always flow from them.

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Merci!

