

TCW

Reader's Survey

Tell Us About Your Spiritual Life

An intimate relationship with God is something we all long for, and—if we're honest—something we often struggle to achieve. We'd like to know more about the challenges you face in your spiritual life so we can address your concerns in future issues of TCW. Please take a few minutes to complete the following survey. Your comments will help encourage others in their faith. ✱ *The Editors*

Please mail the survey by October 31, 1993 to:

Spiritual Life Survey
Today's Christian Woman
465 Gundersen Drive
Carol Stream, IL 60188

1. Circle the most common obstacles to your spiritual growth. (Circle ALL that apply)

1. Busyness
2. Interruptions
3. Lack of discipline
4. Personal crises
5. Unresolved feelings toward God
6. Unresolved feelings toward spouse
7. Unsure how to go about it
8. Anger
9. Sin
10. Guilt
11. Doubt
12. Other

2. Have you ever met with someone else specifically to help you grow spiritually?

1. No (skip to question 3)
2. Yes

a. If so, which of the following describe this person? (Circle ALL that apply)

1. Christian counselor
2. Pastor
3. Mentor
4. Small group member
5. Friend
6. Spiritual director
7. Other

PLEASE SPECIFY

b. For your most recent (or only) experience, how many times did you meet with this person?

1. Once
2. 2-3 times
3. 4-6 times
4. 7-10 times
5. 11-20 times
6. More than 20 times

c. How effective were these experiences in helping you grow spiritually?

1. Very effective
2. Somewhat effective
3. Not too effective
4. Not at all effective

3. Do you currently have a same-sex confidant with whom you can be open about personal struggles?

1. No (skip to question 4)
2. Yes

a. If so, how often do you communicate with this person?

1. Daily
2. At least weekly
3. At least monthly
4. Rarely
5. Never

b. How often do you pray with this person?

1. Daily
2. At least weekly
3. At least monthly
4. Rarely
5. Never

c. What types of topics do you share with this confidant? (Circle ALL that apply)

1. Prayer requests
2. Personal sins
3. Spouse problems
4. Family struggles
5. Relationship with God
6. Sexual temptations
7. Personal fears
8. Dreams/goals

4. What resources beyond Scripture do you currently use to feed your

spiritual life? (Circle ALL that apply)

1. A peer group of accountability and nurture
2. Christian magazines
3. Articles on spirituality
4. Classic books on spirituality
5. Current books on spirituality
6. Counselor
7. Mentor/spiritual director
8. Music
9. Conferences, seminars, retreats in past year
10. Other

PLEASE SPECIFY

5. Indicate how often you practice these personal spiritual disciplines by circling a number.

- 1 = DAILY
- 2 = AT LEAST WEEKLY
- 3 = AT LEAST MONTHLY
- 4 = A FEW TIMES A YEAR
- 5 = RARELY
- 6 = NEVER

Prayer	1	2	3	4	5	6
Scripture reading	1	2	3	4	5	6
Devotional reading	1	2	3	4	5	6
Journaling	1	2	3	4	5	6
Solitude & meditation	1	2	3	4	5	6
Fasting	1	2	3	4	5	6
Scripture memory	1	2	3	4	5	6
Individual worship	1	2	3	4	5	6
Spiritual retreats	1	2	3	4	5	6
Self-examination/repentance	1	2	3	4	5	6
Self-denial/abstinence	1	2	3	4	5	6

6. Compared to 5 years ago, how often do you think about spiritual warfare?

1. A lot more
2. More
3. About the same
4. Less
5. A lot less

7. How many books on spiritual growth (including devotionals) have you read in the past 12 months?

1. None
2. One
3. 2-5
4. 6-10
5. More than 10

8. Compared to 5 years ago, how much time do you invest in developing your spiritual life?

1. A lot more
2. More
3. About the same
4. Less
5. A lot less

9. Please complete this statement. "In the last 5 years, I have spiritually..."

1. Moved closer to God
2. Stayed the same
3. Moved further from God
4. Don't know

10. How frequently do you feel satisfied with your prayer life?

1. Often
2. Occasionally
3. Rarely
4. Never

11. How satisfied do you currently feel about your spiritual life?

1. Very satisfied
2. Satisfied
3. Neutral
4. Dissatisfied
5. Very dissatisfied

12. How often do you experience spells of spiritual drought or emptiness?

1. Almost constantly
2. Often
3. Occasionally
4. Rarely
5. Never

13. Please grade your current condition in each of the following areas by circling the appropriate number.

	Extremely Weak				Extremely Strong
Spiritual condition	1	2	3	4	5
Physical condition	1	2	3	4	5

Emotional/mental condition 1 2 3 4 5

Condition of your relationship with your spouse 1 2 3 4 5

Condition of your relationship with your child(ren) 1 2 3 4 5

Condition of your relationship with fellow churchgoers 1 2 3 4 5

Condition of your relationship with friends 1 2 3 4 5

14. Which ONE of the following best describes your current marital status?

1. Single, never married
2. Married (first marriage)
3. Divorced and remarried
4. Divorced and not remarried
5. Separated
6. Widowed
7. Widowed and remarried

IF MARRIED, ANSWER QUESTIONS 15-19. IF NOT MARRIED, SKIP TO QUESTION 20.

15. Other than table grace, how often do you pray with your spouse?

1. Daily
2. At least weekly
3. At least monthly
4. Rarely
5. Never

16. Is your husband a Christian?

1. Yes
2. No
3. Not sure

17. Who is the spiritual leader in your home?

1. I am
2. My husband is
3. We share equally
4. No one

18. How important do you think it is to have devotions or regular prayer with your spouse?

1. Very important
2. Somewhat important
3. Not too important
4. Not at all important

19. What types of topics do you share with your spouse? (Circle ALL that apply)

1. Prayer requests
2. Personal sins
3. Marriage problems
4. Family struggles
5. Relationship with God
6. Sexual temptations
7. Personal fears
8. Dreams/goals

20. What is your sex?

1. Female
2. Male

21. What is your age?

1. Under 25
2. 25-29
3. 30-34
4. 35-40
5. 41-44
6. 45-49
7. 50-59
8. 60-69
9. 70+

22. Which of the following describes your theological or doctrinal preferences? (Circle ALL that apply)

1. Fundamental
2. Pentecostal
3. Conservative
4. Evangelical
5. Charismatic
6. Traditional/confessional
7. Liberal
8. Other

23. Star (*) the ONE above that best describes you.

24. How often do you typically attend church?

1. More than once a week
2. Once a week
3. Few times a month
4. Once a month
5. Few times a year
6. Don't attend

25. What is your religious affiliation, if any? _____

26. How often have you changed churches in the last five years?

1. Once
2. Twice
3. Three or more times
4. I haven't/none

27. Are you the only Christian in your immediate family?

1. Yes
2. No
3. Not sure

28. Are you the only Christian in your extended family?

1. Yes
2. No
3. Not sure

29. How long have you been a Christian?

_____ years ■